



# Milk thistle extract

Holy thistle extract contains silymarin (30 or 80 mg per 1 tablet), which contributes to:

Protection and natural renewal of liver cells

Supporting the normal liver function.

Ingredients: Holy Thistle Extract.



# Milk thistle maximum

Holy thistle extract contains silymarin 80 mg in 1 tablet, which contributes to:

Protection and natural renewal of liver cells.

Supporting the functional state of the liver.

Ingredients: Holy Thistle Extract.



# Milona-1 for airways

A combination of herbs that which contributes to improving the functional state of the respiratory organs. Tested in clinical studies on the basis of the Altai State Medical University.

According to the report on the results of the studies, MILONA-1 contributes to:

Better respiratory comfort, decreased wheezing and cough frequency.

Significant improvement in bronchial patency.

Protection against free radical oxidation, which leads to activation of the antioxidant protection and increase of body defenses.

Reducing the craving for smoking.

Ingredients: Phytoformula EVALAR (Dandelion Roots, Oregano Grass, Thyme Herb, Chamomile Flowers, St. John's Wort, Rhizomes and Roots of Elecampane, Leaves of Plantain, Licorice Root Extract, Yarrow Herb, Flax Seeds).



# MILONA-10 Liver Support, tablets

A combination of herbs contributing to the improvement of the functional state of the liver and bile ducts.

Promotes:

Improvement of the composition and properties of bile.

Toning up the gallbladder and better secretion of bile.

Ingredients: Phytoformula EVALAR (Burdock Roots, Immortelle Flowers, Dandelion Roots, Corn Silk, Rhizomes and Roots of Elecampane, Artichoke Extract).



# Milona-11 for prostatic gland

A combination of biologically active herbal substances helps maintain the normal functional state of the genitourinary system in healthy men. In addition, the composition includes zinc, an indispensable trace element involved in the synthesis of sex hormones in men.

Promotes:

Easing the symptoms of dysuria (urination disorders).

Reducing inflammatory process.

Increasing the effectiveness of standard therapy in the phase of exacerbation of chronic prostatitis.

Ingredients: Phytoformula Evalar (Rhizomes of *Bergenia*, Burdock Roots, *Echinacea* Herb, Medicinal Sage Leaves, Licorice Roots, Rhizomes and Roots of *Hedysarum*), Zinc.



# Milona-14 for kidneys

A complex of herbal substances rich in arbutin, which provides essential support to the urinary system and contributes to the improvement of its functional state.

Arbutin and a complex of other biologically active herbal substances contribute to:

Mild diuretic effect.

Increased salts solubility.

Elimination of metabolites and excess fluid from the body.

Ingredients: Leaves Of Cowberry, Knot Grass, Burdock Roots, Yarrow, Licorice Roots, Rhizomes and Roots of *Elecampane*.



# Milona-5 for mammary gland support

A herbal complex with a full range of known herbal substances with a beneficial effect on women's health, contributing to the normal function of female reproductive organs and breast tissue.

The ingredients are chosen based on the comprehensive approach to maintaining the hormonal balance and psycho-emotional condition, which are of great importance for keeping women's breasts and reproductive system in good health.

Ingredients: Phytoformula Evalar (Oregano Herb, Burdock Roots of Burdock, White-Flowered Peony Roots, Calendula Flowers, Licorice Roots, Rhizomes And Roots of Hedysarum, Thallus of Laminaria, Extract of Chaga Mushroom (Inonotus Obliquus)).



# Milona-6 for joint health

Herbal remedy based on burdock, elecampane, comarum and dandelion, which contributes to the improvement of the functional condition and mobility of the joints.

Promotes:

Improving the functional state of the musculoskeletal system.

Easing morning stiffness.

Better joint mobility.

Ingredients: Evalar Phytoformula (Roots of Burdock, Rhizomes and Roots of Elecampane, Roots of Dandelion, Rhizome of Comarum).



# Milona-8 sedative

A complex of medicinal herbs with a mild soothing effect on the central nervous system, promoting the activation of its own anti-stress mechanisms that mitigate the effects of stress.  
 Ingredients: Phytoformula EVALAR (Herb of the Motherwort, Hops, Rhizomes and Roots of Valeriana, Oregano Herb, Melissa Officinalis, Peppermint Leaves).



# MILONA-9 Heart and Blood Vessels Support, tablets

A herbal bio-complex based on hawthorn, ginkgo biloba and dandelion, with a triple effect on the functional state of the cardiovascular system:

Supports healthy function of the heart muscle.

Strengthens the walls of blood vessels and capillaries.

Maintains blood viscosity within the physiologically normal limits.

The triple effect of the bio-complex is due to the optimal combination of natural ingredients that actively influence natural physiological processes that depend on the lifestyle, diet and environmental conditions.

Ingredients: Phytoformula EVALAR (Dandelion Roots, Hawthorn Flowers, Ginkgo Biloba Extract).



# Miramed Antiseptic Toothpaste

The first<sup>1</sup> for daily oral cavity care toothpaste containing the antiseptic molecule benzyldimethyl [3-myristoilamine)-propyl] ammonium chloride monohydrate.

Active substance: benzyldimethyl [3-myristoilamine)-propyl] ammonium chloride monohydrate, silicon dioxide, sodium laurilsulphate, tetrapotassium pyrophosphate, sodium fluoride (0,15%).

The action of the Miramed toothpaste's ingredients (silicon dioxide, sodium laurilsulphate, tetrapotassium pyrophosphate, sodium fluoride (0.15) and others) is aimed at: prevention of cavities, treatment of periodontal diseases, reduction of gum bleeding, strengthening of dental enamel, reduction of dental tartar, oral cavity clearance, sensitivity management.

Together with the usual properties, the Miramed toothpaste protects the oral mucous membrane from the infiltration and propagation of viruses and microbes in the body thanks to an antiseptic molecule in its composition – benzyldimethyl [3-myristoilamine)-propyl] ammonium chloride monohydrate.

The first antiseptic based on benzyldimethyl[3-myristoilamine)-propyl]ammonium chloride monohydrate was developed in the 1970s in the framework the All-Union Programme Cosmetic Biotechnologies. The goal of the programme was to create an antiseptic agent for astronauts and orbital station equipment to fight germs, pathogenic fungi, viruses, for whose growth stations' sealed spaces present a favourable environment. The development passed pre-clinical tests and went through numerous clinical studies in Russia and abroad and turned out to be so effective that it was decided to make it generally accessible.

Benzyldimethyl [3-myristoilamine)-propyl] ammonium chloride monohydrate in the composition of the Miramed toothpaste:

Has an antiseptic and broad-spectrum antimicrobial action, is active against bacteria, fungi, viruses

Helps accelerate oral mucous membrane regeneration

Reduces gum inflammation and bleeding

Replace your usual paste with the Miramed toothpaste for daily oral care! It will not only help you to maintain dental health but also will ensure additional protection during viral epidemics. Composition: Purified water, silicon dioxide, sorbitol, glycerol, cocamidopropyl betaine, sodium laurilsulphate, tetrapotassium pyrophosphate, xanthan gum, hydroxyapatite, flavouring, titanium dioxide, menthol, benzyldimethyl [3-myristoilamine)-propyl] ammonium chloride monohydrate, sodium saccharinate, sodium fluoride (0.15%), citric acid, methylparaben, propylparaben

<sup>1</sup> In the product range of Evalar



# Mizol drops

Antifungal medicine for the treatment of fungal infections of the skin and nails, such as mycoses, candidiasis, dermatomycosis, lichen, including those accompanied by itching and burning.

Advantages of the medicinal product Mizol by Evalar:

actively penetrates the skin, creating a stable concentration of naphthyfine

has effect for numerous of pathogens of fungal infection of the skin and nails

has activity against bacteria that can cause a secondary infection

has an anti-inflammatory effect

has a strong anti-itching effect

approved for administration in hair growth zones

a convenient form (dropper bottle) that excludes direct contact with infected skin

Composition: Naphthyfine Hydrochloride, Ethanol.



# Mizol gel

A kit for the protection of nails and skin from mycoses (1% naftifine solution with tea tree essential oil).

With its optimally selected composition, the gel Mizol Set:

Is used as a cosmetic product for treating the nails and skin with mycoses.

Promotes the restoration of nails and skin.

Protects from contracting athlete's foot.

Ingredients: Water, Vegetable Based Glycerin, Hydroxypropyl Methyl Cellulose, Tea Tree Essential Oil, Naftifine Hydrochloride, Euxyl K300, Ethyl Alcohol, Tri Ethanol Amine.





# Mizol Spray

Unique\* antifungal agent in the form of a convenient spray based on 1% naftifine solution.

Antifungal spray Mizol Evalar:

- Protects against fungal infection

- Promotes the restoration of nails and skin, the disappearance of itching and burning

Like other antifungal agents, Mizol spray contains a 1% solution of naftifine, but it has a convenient form of release.

Fungus infection usually occurs from contact with an already sick person. Often, household items are the cause. Most often, people who visit steam rooms, manicure salons, gyms, saunas get sick. At risk are athletes, public beach visitors, people who wear heavy shoes for a long time, people who sweat a lot. Other causes may be abnormal skin pH levels and not thoroughly drying the feet after swimming or exercise, decreased immunity.

Mizol Spray excels at variety of points:

- Economical - the spray allows you to treat a wider surface of the skin and nails

- Easy to use - small aerosol particles formed during spraying are able to penetrate into the most inaccessible places

- A wide range of applications - can be used both to treat already affected parts of the skin and nails, and to prevent infection

\*In the assortment of Evalar



# Motherwort extract Evalar

Sedative medication based on the extract of the motherwort enhanced with vitamin B6.

The remedies with motherwort are used for treating increased nervous excitability, psychasthenia and neurasthenia, accompanied by insomnia, a feeling of tension and increased reactivity, as well as vegeto-vascular dystonia and neuroses.

Ingredients: Motherwort Extract, Vitamin B6





# Motherwort Forte EVALAR Magnesium and Vitamin B6, tablets

Motherwort Forte EVALAR Magnesium and Vitamin B6 achieves one of the highest rates of sedation<sup>1</sup>. It contains a variety of motherwort that has an excellent soothing effect. Motherwort Forte EVALAR Magnesium and Vitamin B6 is probably the best calming formula with a high content of motherwort extract<sup>2</sup>, 100 mg per day, enriched with magnesium and vitamin B6 (patent of the Russian Federation #2361599).

Motherwort Forte EVALAR Magnesium and Vitamin B6- feel the difference!

Ingredients: Magnesium Asparaginate, Motherwort Extract, Vitamin B6.



# Motherwort Forte EVALAR, medicine, tablets

A motherwort-based medicine reinforced with the vitamin B6 is recommended for excessive nervous irritability, psychasthenia and neurasthenia, accompanied by insomnia, a feeling of tension and hyperreactivity, and also for vegetovascular dystonia and neuroses.

Ingredients: Magnesium, Motherwort extract, Vitamin B6.



# Motherwort Forte Liquid Extract

Fast calming effect. High dosage of motherwort - 100 mg1, fortified with magnesium and vitamin B6.

Motherwort Forte is a phytocomplex for daily support of the nervous system, which has a quick calming effect and helps:

- Improve the state of the nervous system
- Increase body's resistance to stress
- Promote removal of anxiety, emotional stress and irritability
- Improve the emotional state
- Falling asleep with insomnia, promote healthy and deep sleep
- Mild cardiotonic action (slows down the rhythm and optimizes the heart rate)
- Maintain normal blood pressure
- Improve the functional state of the cardiovascular system. 2

Daytime soothing Motherwort Forte will gradually eliminate the signs of stress: cold hands, muscle spasms, the desire to run somewhere, and the body will relax with gratitude. You will react to everything that happens calmly, without losing your head and health.

1 In 10 ml (daily intake).

2 Confirmed by SRC No. KZ.16.01.98.003.Ä.001008.11.19.



# Mountain calcium D3 with mumiyo

Strengthens the bones.

Calcium D3 with Mumiyo EVALAR satisfies 100% of the daily requirement in both calcium and vitamin D3. The mumiyo in Calcium D3 with Mumiyo EVALAR contains more than 30 macro and microelements contributing to a more complete assimilation of calcium in the body. The mumiyo is a natural catalyst (accelerator) of the delivery of calcium to bone tissues, contributing to the improvement of the mineral composition and structure of bone tissue.

Ingredients: Calcium Carbonate, Mumiyo, Vitamin D.



# MSM (Methylsulfonylmethane)

Support for the mobility and flexibility of the joints. The high dose (1000 mg) of MSM contributes to:

Reducing inflammation in the joints and easing pain.

Reducing the edema of the joints.

Quick recovery of joints and muscles after training.

Ingredients: Methylsulfonylmethane (not less than 500 mg).



# Multiflora Evalar Cholesterol

Multiflora Evalar Cholesterol is a specially formulated probiotic for lowering total cholesterol levels. It helps to reduce the level of low-density lipoprotein (bad cholesterol), enhances the effect of statins in order to reduce their dosage.



# Multiflora Evalar Denta

Helps to reduce the number of pathogenic microorganisms in the oral cavity that cause caries, minimize the risk of gum inflammation and bleeding, eliminate bad breath.

Multiflora Evalar Denta is an innovative probiotic for maintaining the balance of the oral microflora. 1 tablet contains 1 billion (1 x 10<sup>9</sup> CFU) probiotic organisms Lactobacillus special strains brevis CECT7480, and plantarum CECT7481; Pediococcus acidilactici and 2.5 &#956;g (100 IU) of vitamin D.



# Multiflora Evalar Derma

Helps to reduce the frequency of allergic reactions: skin rashes, itching. Multiflora Evalar Derma is a specially formulated probiotic for healthy and beautiful skin. Reduces the frequency of allergic reactions: skin rashes, itching. 1 capsule of probiotic Multiflora Derma contains 4 billion (4 x 10<sup>9</sup> CFU) probiotic organisms Lactobacillus sakei Probia 65.



# Multiflora Evalar Femi

Helps women maintain their microflora.

Multiflora Evalar Femi is a specially formulated probiotic that helps to maintain the balance of the vaginal microbiota.

1 capsule of Multiflora Femi contains 1 billion ( $1 \times 10^9$  CFU) probiotic organisms *Lactobacillus plantarum* I1001.



# Multiflora, capsules

Synbiotic of the new generation (probiotic + prebiotic).

7 species of live bacteria in a two-layered protective shell enter the intestine in an unchanged form and promote:

Recovery of intestinal microflora.

Strengthening of immune defenses.

Better digestion.

Does not require storage in the refrigerator. Value pack. For adults and children from 3 years of age.

Ingredients: *Lactobacillus Acidophilus*, *Lactobacillus Rhamnosus*, *Bifidobacterium Breve*, *Streptococcus Thermophiles*, *Lactobacillus Casei* Subsp. *Casei*, *Lactobacillus Bulgaricus*, *Bifidobacterium Longum*.



# Multivitamins Gummy Berries

The vitamins composition is balanced with the daily needs of your body, containing 15 important vitamins and minerals with antioxidants! They promote:

- well-being, vitality and energy during physical, mental, or emotional stress and challenges
- immune defenses and resistance to infections
- bone health
- beauty of skin, hair and nails
- protecting cells from free radicals

Ingredients: Vitamin C As Ascorbic Acid, Zinc Citrate, Vitamin E As  $\alpha$ -Tocopherol Acetate, Flavoring Agent Natural Yoghurt Powder, Potassium Iodide, Inositol, Manganese Gluconate, Vitamin D As Cholecalciferol, Vitamin B6 As Pyridoxine Hydrochloride, Vitamin B12 As Cyanocobalamin, Vitamin A As Retinol Palmitate, Vitamin B2 As Riboflavin, Vitamin B1 As Thiamine Hydrochloride, Folic Acid, Selexene, Biotin.



# Naprait Vitamins for heart health

A complex of vitally important vitamins, minerals and biologically active herbal substances for the nutrition of the heart, maintaining the normal functional state of the cardiovascular system.

The vitamins  $\text{A}^1$ ,  $\text{A}^2$ ,  $\text{A}^6$  and the biologically active substances of hawthorn flowers, ginkgo biloba and rosehips, in combination with the organic form (asparaginate) of potassium and magnesium:

Participate in the function cardiovascular system.

Improve blood circulation.

Support the heart muscle function.

Ingredients: Phytoformula EVALAR (Extracts of Ginkgo Biloba, Flowers and Leaves of Hawthorn, Rosehips, Combined with Potassium Asparaginate, Magnesium Asparaginate, Vitamin B1 (Thiamin), Vitamin B2 (Riboflavin), Vitamin B6 (Pyridoxine).



# NaturFlu for children

Instant natural hot drink for cold relief in children from the age of 3.

100% natural composition: vitamin C, sea buckthorn leaves, chamomile.

Strengthens immune defenses.

Helps reduce the risk of developing colds.

Ingredients: Extracts of Sea Buckthorn Leaves, Chamomile, Vitamin C (Ascorbic Acid).



# NaturFlu, sachets

Instant hot drink for adults with acute colds and respiratory diseases. Gentle treatment at the first signs of a cold or flu.

100% natural composition (vitamin C, sea buckthorn leaves, licorice root, willow bark, cat's claw, essential oils of sage and mint).

Helps eliminate cold symptoms.

Promotes faster healing.

Reduces the risk of complications.

Ingredients: Vitamin C, Lemon Juice, Extracts of Sea Buckthorn Leaves, Licorice Root, Willow Bark, Uncaria Tomentosa (Cat's Claw) Bark, Essential Oils of Sage and Mint.





# Nefrosten probiotic

The first 1probiotic for urinary tract

Active substance: Lactobacillus plantarum + cranberry extract

Action: Suppressing the growth of pathogenic microorganisms that cause the development of cystitis

As you probably know, the body has its own built-in protection against cystitis. It is the urinary tract microbiome, which is based on lactobacilli. However, urinary tract infections are commonly treated with antibiotics that kill pathogens, but also friendly bacterial population. This is one of the reasons why cystitis becomes chronic. To maintain the health of urinary tract microbiome, special strains CECT8675 and CECT 8677 of Lactobacillus plantarum probiotic organisms are widely used in Europe and the US. And now, they became available in Russia as well.

1 capsule of Nefrosten Probiotic contains 1 billion (1 x 10<sup>9</sup> CFU) probiotic organisms Lactobacillus plantarum. They are special strains CECT8675 and CECT 8677B, developed and manufactured by AB-BIOTICS, S.A., Barcelona, &#8203;&#8203;Spain.

How Lactobacillus plantarum CECT8675 and CECT 8677 work:

Lactobacillus plantarum organisms form a protective biofilm on genitourinary system mucous membrane and begin to produce special substances that kill pathogens. Unlike other types of lactobacilli, these strains are able to survive and be active even at high concentrations of antibiotics used to treat cystitis and pyelonephritis, so they are fully compatible with standard therapy.

Lactobacillus plantarum and cranberry extract in Nefrosten Probiotic contribute to:  
maintaining normal microbiome in the urinary tract;

suppressing the growth of pathogenic microorganisms that cause a risk of developing cystitis.

Ingredients: dry cranberry extract, capsule components (food additives): hydroxypropyl methylcellulose (thickener); microcapsule components: coconut oil, gelatin, Lactobacillus plantarum CECT8675 and CECT8677, glycerin (water-retaining agent), sunflower lecithin (emulsifier), pectin (gelling agent), carminic acid (dye); L-ascorbic acid, magnesium salts of fatty acids (anti-caking agent), microcrystalline cellulose (carrier).

Directions for use: Adults and children from 14 years of age take 1 capsule daily with meals. A course of treatment lasts 1 month. For best results, take 1 capsule daily for 3 months.

<sup>1</sup>Based on the data of State Register of biologically active dietary supplements  
(<http://fp.crc.ru/gosregfr/>)