



# Ivy at cough Evalar

The first and only<sup>1</sup> ivy extract in tablet form on the market.

The natural expectorant for any cough helps to thin and excrete the sputum, alleviates the cough and eases breathing, reduces the frequency of coughing fits, and speeds up recovery from coughing.

70% better value<sup>2</sup>.

Tablets. Ingredients: ivy extract, vitamin C, hesperidin, sage essential oil.

Presentation: 50 tablets of 0.25 g.

Recommended use: adults and children over 14 years of age take 1 tablet 3 times a day before meals, for at least 10 days, until the cough disappears completely. The course of treatment can be repeated if needed.

Shelf life: 2 years.

Syrup. Ingredients: ivy extract.

Presentation: 100 ml bottle.

Recommended use: adults take 1 teaspoon (5 ml) of syrup 3 times a day before meals for at least 10 days, until the cough disappears completely. The course of treatment can be repeated if needed.

<sup>1</sup> According to CJSC DSM Group, at the end of the first quarter of 2018, the dietary supplement Ivy Cough medicine Evalar is the first and only monocomponent dietary supplement containing only ivy extract as an active substance produced in the form of tablets for oral administration among medicinal drugs and dietary supplements sold in pharmacies in the Russian Federation.

<sup>2</sup> According to CJSC DSM Group, at the end of August 2018, the weighted average retail price for a 100 ml bottle of Ivy Cough medicine dietary supplement in the form of oral syrup produced by Evalar is 1.7 times lower than the price of a similar product.



# Izzhogoff

Turn off heartburn! The most beneficial<sup>1</sup> heartburn medicine. Mint freshness in a convenient format

Izzhogoff by Evalar:

Provides fast and long-term neutralization of excess hydrochloric acid in gastric juice, thereby providing a protective effect on the gastric mucosa<sup>2</sup>

The effect occurs within 3-5 minutes due to the good solubility of the tablets and the high calcium content

Gentle action - created on the basis of substances that exist in their natural form in nature and are natural for the human body

Can be taken throughout pregnancy and while breastfeeding<sup>3</sup>

The preparation has a mint flavor and does not contain sugar. People with diabetes can take it when stomach acid production is increased to relieve symptoms of heartburn

The best price<sup>1</sup> among heartburn medications

Easy to remember - beneficial to buy!

Indications for use:

Symptoms associated with high acidity of gastric juice and reflux esophagitis: heartburn, sour belching, recurrent pain in the stomach, a feeling of fullness or heaviness in the epigastric region, dyspepsia (including those caused by an error in diet, medication, alcohol abuse, coffee, nicotine), dyspepsia in pregnancy.

Composition of active ingredients: Calcium Carbonate - 680 mg, Magnesium Carbonate (basic magnesium carbonate) - 80 mg

<sup>1</sup> Prices based on the manufacturer's price list and Albus from 22.05.2019 According to the instructions for use.

<sup>2</sup> According to the instructions for use.

<sup>3</sup> In the recommended doses, the drug does not pose a danger to the fetus or child.



# IZZHOGOFF (HEARTBURN OFF) chewable tablets

Provides fast and long-term neutralization of excess hydrochloric acid in gastric juice, protecting the stomach lining. The tablets work in just 3 to 5 minutes, due to good solubility and high calcium content. The best price<sup>1</sup> among heartburn medications.

Ingredients: calcium carbonate (680.0 mg), magnesium carbonate (80.0 mg).

Presentation: 24 tablets.

Recommended use: The tablets are taken orally. Adults and children over 12 years of age: unless otherwise recommended by a doctor, chew (or dissolve in the mouth) 1 or 2 tablets when heartburn symptoms appear. Another dose may be taken 2 hours later, if needed. The maximum daily dose is 11 tablets.

Shelf life: 3 years.

<sup>1</sup>The prices are based on Albus manufacturer's price list dated 05/22/2019.



# Izzhogoff (heartburn relief), tablets

The combination of magnesium carbonate and plant extracts helps eliminate heartburn and reduce discomfort during digestion.

Ingredients: Magnesium Carbonate, Extracts of Althea, Chamomile, Fennel, Mint Oil.



# Laminaria

For the treatment of iodine deficiency.

100% natural source of iodine.

1 tablet contains 200 micrograms of iodine and supplies the daily body requirement.

Laminaria EVALAR is a natural source of iodine, naturally replenishing its deficiency, supporting the health of the thyroid gland, and promoting the mental and physical performance of the body. Laminaria is a balanced marine product created by nature itself.

Ingredients: Laminaria (Sea Kelp).



# Lavender

ANTI-AGE product line.

Antistress, daily calmness, good sleep.

Lavender oil works differently from all other soothing oils. It optimizes the functioning of nerve cells, bringing them into balance: as a result, fears, obsessive thoughts and anxiety go away. Instead comes calmness, that gives you strength to overcome life's difficulties.

Lavender by Evalar promotes:

- resistance to stress
- daily calmness
- good sleep and helps fall asleep faster



# Levocarnitine, medicine

Levocarnitine is a medicinal product that contains the optimal dose of L-carnitine: if you take just 5 ml of the solution, you will get a therapeutic dose of this "metabolic activator": 1,500 mg!

Levocarnitine is a medicine for workaholics, athletes, managers prone to burnout, fitness adepts, people who would like to lose weight, and even children, from the first years of life!

Improves protein and fat metabolism.

Reduces excess body weight.

Improves performance and endurance.

Contributes to faster recovery after diseases.

Ingredients: Levocarnitine.



# Levocarnitine, tablets

Daily energy and fat burning! 500 g L-carnitine and pantothenic acid in tablets. L-carnitine works together with pantothenic acid, boosting the cellular metabolism, for quicker entry of the stored fats into cells, where the fats get burned, releasing the energy. Due to this effect of L-carnitine and calcium pantothenate, Levocarnitine contributes to:

Transforming fat reserves into energy.

Improving performance and endurance.

Weight loss.

Ingredients: L-Carnitine, Microcrystalline Cellulose and Lactose (Excipients), Sodium Croscarmellose (Vehicle), Pantothenic Acid, Calcium Stearate, Stearic Acid, Silicon Dioxide (Anti-Caking Agents). Film coating components: Hydroxypropyl Methyl Cellulose, Glycerin.



# Licopin

Licopin contributes to:

- slowing down the aging process and maintaining youthful skin
- maintaining prostate health
- reducing the amount of free radicals
- maintaining good functional condition state of cardiovascular system
- maintaining normal cholesterol levels
- strengthening the walls of blood vessels and capillaries
- maintaining normal blood viscosity

Ingredients: Lycopene.



# Lipotropic factor Evalar, tablets

Three lipotropic components: choline, inositol, and methionine promote the removal of fats from the liver, preventing the accumulation of fats in the body, and eliminating the toxins from fat burning. Triple benefit for the liver!

Ingredients: L-Methionine, Inositol, Choline.



# Lora anti-aging cream

Anti-Aging face cream with peptides, hyaluronic acid, wild yams phytoestrogens, and vitamins perfectly moisturizes the skin, nourishing it and stimulating its renewal. The result will be visible after just a month: wrinkles diminish, the structure and tone of the skin improve, and facial contours are tightened.

Ingredients: Tripeptides, Wild Yam Extract, Liposentol Multi, Tera-Vital, D-Panthenol, Hyaluronic Acid.



# Lora anti-aging face tonic

The first antiaging tonic treatment with the effect of 3D-moisturizing and lifting on the basis of Swiss peptides and three kinds of hyaluronic acid. Creates an invisible mesh on the face, saturating the skin with moisture and keeping it in the skin cells. Starts the processes of rejuvenation in the deep layers of the skin. The nozzle enables users to conveniently spray the tonic on the face.

Ingredients: Liposentol Hydro, Succinic Acid, L-Carnosine, Novhyal, Hyaluronic Acid.



# Lora collagen drink

7000 mg of collagen peptides in 1 serving, for quick and deep skin rejuvenation. Every year, the skin loses about 1.5% of its collagen, which causes it to become thinner, sag and get wrinkled. Therefore, the use of collagen in the form of dietary supplements can really slow down the process of skin aging. Particularly so, as modern nutraceuticals provide collagen peptides with high bioavailability (up to 95%).

LORA Collagen Drink helps:

Reduce wrinkles.

Make the skin firmer.

Improve complexion.

Ingredients: Fructose, Collagen Peptides, L-Carnosine, Lemon Juice, Hyaluronic Acid.



# Lora Edelweiss stem cells

This most perfect remedy for restoring the youth<sup>1</sup> provides visible transformation from the first days of application<sup>2</sup>.

This is the first serum in Russia with Edelweiss stem cells<sup>3</sup>, a unique recipe developed in Switzerland, exclusively for Evalar company. The synergy of active ingredients and stem cells of Edelweiss renews every cell, restoring the radiance of youth to the skin of face and neck. The result is proven, as a visible transformation from the first days of use<sup>2</sup>, and a long-term effect<sup>2</sup>.

Ingredients: MAJESTEM, Lipex 205 (Butyrospermum Parkii, Shea Butter, Citric acid), SYN-COLL (Palmitoil tripeptide-5), L-Fucose (6-Deoxy-L-galactose), Allantoin, Hyaluronic acid, AmihopeLL (Lauroyllysine), Amelioxo A 0841 (Glycerin, Tocopherol, Water, Silybum Marianum Fruit extract, Carnosine, Lecithin, Phenoxyethanol).

Presentation: tube 30 g.

Recommended use: apply the serum to previously cleansed skin of the face, neck and décolleté; 1 or 2 times a day, for at least 4 weeks. For all skin types.

Shelf life: 2 years.

<sup>1</sup>In the range of CJSC Evalar.

<sup>2</sup> Study of properties of alpine edelweiss stem cell extract, Sederma, 2015.

<sup>3</sup> According to the study of Russian pharmacy market, 2018.





# Lora eye cream

The bur grass extract and caffeine improve microcirculation, increase the density of the skin, preserve collagen and elastin. The cream will eliminate wrinkles, swelling and dark circles around the eyes.

Ingredients: REGU-AGE Complex, Bur Grass Extract, Caffeine, Liposentol Multi, Pentavitin, SYN-TACKS, D-Panthenol, Hyaluronic Acid.



# Lora hand cream

Instantly moisturizes and softens the skin, for a long time.

Ingredients: Pentavitin, Liposentol Hydro, Soluble Collagen with Elastin, L-Carnosine, Hyaluronic Acid, Chromabright.



# Lora serum mesoeffect

Contains a high concentration of active substances produced in Switzerland:

4 types of peptides for rejuvenation

3rd generation hyaluronic acid and pentavitin for deep moisturizing

L-carnosine and vitamins protect against pigmentation

A mesoroller with titanium needles enhances the effect of LORA Anti-Aging Serum Mesoeffect.

Visible results from the first application!

Ingredients: SYN-HYCAN, SYN-COLL, REGU-AGE Complex, Pentavitin, Liposentol Multi, L-Carnosine, L-Arginine, Aloe Vera Gel, Novhyal, D-Panthenol, Hyaluronic Acid, Tisol.



# Lora SPF 50+

The cream contains only proven cosmetic components of the latest generation: the complex of UVA/UVB filters PARSOL, peptides SYN-TACKS, hyaluronic acid, pentavitin, chromabright. 4 effects at once: maximum protection from sunlight, rejuvenating effect, deep moisturizing and protection from pigmentation.

Ingredients: Peptide Complex, D-Panthenol, Vitamin E, Chromabright, Hyaluronic Acid.



# Lora tablets

Antiaging tablets with hyaluronic acid and wild yam extract start the process of rejuvenation from the inside:

Reducing the depth and severity of wrinkles.

Making skin firmer.

Improving complexion.

Recommended for use together with antiaging face cream LORA.

Ingredients: Wild Yam Extract, Vitamin C, Vitamin E, Hyaluronic Acid.



# Lutein-intensive

Contains the maximum amount of lutein (10 mg or 200% of recommended daily allowance) and zeaxanthin.

Promotes the protection of the retina and intensive support for the vision.

Ingredients: Marigold Extract, Vitamin C, Nicotinic Acid, Zinc Oxide, Vitamins A6, A2, A1, A, Zeaxanthin.



# Magnesium B6 EVALAR, tablets, solution

For stronger nerves. Increases the resistance to stress, maintains a healthy sleep, improves the functional state of the nervous system, and helps relieve muscle spasms.

Now in a liquid form.

For the whole family: adults and children from 3 years of age, as well as pregnant and lactating women. Advantageous price compared to the imported analogue.

Ingredients: Magnesium Asparaginate, Vitamin B6.



# Marsh cinquefoil Evalar tea bags

Rhizomes with roots of swamp comarum collected in Altai, for joints and spine. Marsh Cinquefoil (swamp comarum, marshlocks, purplewort), a perennial plant with a creeping rhizome and rising reddish tough stems, curved like a saber. It grows in low-lying grassy marshes along the banks of rivers and lakes, on wet and flooded meadows, in marsh forests, in quiet creeks, in the tundra. The Marsh Cinquefoil tea is available in two forms: in tea bags and in pack. You can choose the presentation that you prefer.

Ingredients: Marsh Cinquefoil Rhizomes with Roots.



# Marsh Cinquefoil EVALAR, tablets, cream

In comprehensive therapy, these products contribute to maintaining the normal function of the joints and spine, keeping joints and spine mobile and flexible, eliminating discomfort and swelling in the joints, promoting natural regeneration of cartilaginous tissue.

Tablets. Ingredients: Powder of Marsh Cinquefoil Rhizomes.

Cream. Ingredients: Extracts of Marsh Cinquefoil Rhizomes and Roots and of Comfrey Roots.



# Marsh cinquefoil tincture

The only medicine based on Marsh Cinquefoil that gently treats the joints, without damaging the stomach. The tincture of Marsh Cinquefoil EVALAR Tincture has a pronounced anti-inflammatory effect in the comprehensive therapy of arthritis and degenerative joints disease. When combined with non-steroidal anti-inflammatory drugs, the product increases their therapeutic effect and makes it possible to reduce the doses.

Ingredients: Marsh Cinquefoil Rhizome, Ethyl Alcohol.



# Massage Oil

Essential oils in combination with arnica, St. John's wort and calendula relieve tension and increase the effectiveness of massage (for muscles and joints).

Ingredients: Oil Extract of St. John's Wort, Calendula, Arnica, Essential Oils of Cloves, Rosemary, Thyme, Mint, Lemon, Lavender.



# Mastocaps

MastoCaps herbal complex, based on the extract of the fruit of the chaste tree (Vitex Agnus-Castus), and the roots and rhizomes of the peony, was designed to maintain women's health and improve the quality of women's life.

Promotes:

The normal course of the premenstrual period.

Maintaining the normal menstrual cycle.

Keeping the breasts healthy.

Ingredients: Peony Rhizomes and Roots, Microcrystalline Cellulose (Vehicle), Vitex Agnus-Castus Extract (Chaste Tree Roots), Calcium Stearate (Anti-Caking Agent).



# Mastophyt cream

MastoPhyt EVALAR contains a whole range of plant extracts: vitex, fucus and broccoli indoles. The extract of vitex reduces the level of prolactine, one of the main culprits of breast soreness before the period. The extract of fucus is a source of organic iodine.

Instead of synthesized indoles, MastoPhyt EVALAR contains the “living” natural complex of broccoli indoles. It is proved that such a complex of natural indoles works more efficiently than artificially synthesized indoles!

Cream. Ingredients: Lanolin, Fucus Extract, Indole-3-Carbinol.



# Mastophyt tablets

MastoPhyt contains a whole range of plant extracts: vitex, fucus and broccoli indoles. The extract of vitex reduces the level of prolactine, one of the main culprits of breast soreness before the period. The extract of fucus is a source of organic iodine.

Instead of synthesized indoles, MastoPhyt contains the “living” natural complex of broccoli indoles. It is proved that such a complex of natural indoles works more efficiently than artificially synthesized indoles!

Ingredients: Broccoli, Extracts of Fucus Vesiculosus, Vitex Agnus-Castus.





# MCC Ankir-B

This source of dietary fiber helps:

Curb the hunger, reduce food intake and prevent overeating

Eliminate the toxins produced by the body in the process of metabolism or coming from outside

Maintain normal function of the intestine

Ingredients: Microcrystalline Cellulose.



# Melatonin

Most Cost-Effective Melatonin<sup>1</sup>. Sleep quality depends on the level of melatonin in the body.

If you have insomnia and regular sleeping pills do not work, try taking Melatonin Evalar tablets.

They supply the lack of melatonin, for faster sleep onset, reduces the number of nighttime awakenings and improves well-being on waking up in the morning without feeling lethargic, fatigued or tired. In case of jet lag, Melatonin Evalar helps adapt the body to rapid change of time zones, without causing addiction or dependence.

Ingredients: Melatonin 3.0 mg.

Presentation: 20 tablets.

Recommended use and dosage: in case of sleep disturbance, take 3 mg once daily, 30 to 40 minutes before bedtime. In case of jet lag, take Melatonin as an adaptogen when changing time zones, 3 mg 30 to 40 minutes before bedtime, 1 day before the flight and during the next 2 to 5 days.

Shelf life: 2 years.

<sup>1</sup>The prices are based on Albus manufacturer's price list dated 06/18/2019 (for 1 tablet active ingredient). Prices at specific pharmacies may vary.