



# Bilberry Forte Intensive Complex for Vision, capsules, tablets

Innovative presentation: one sachet contains 2 Bilberry chewable tablets + 1 Lutein tablet + 1 omega-3 capsule for simultaneous administration. Maximum strength of lutein, zeaxanthin, omega-3, bilberry anthocyanins, vitamins A, C, P, B6, B2, B1 and zinc helps:

Preserve the sight.

Fully protect the eyes from fatigue and irritation.

Ingredients: Fish Oil; Lutein Tablet: Lutein Substance 5%, Vitamin C, Vitamin PP, Zinc Oxide, Zeaxanthin Substance 5%, Vitamins A, B6, B1, B2; Bilberry Tablet: Vitamin C, Bilberry Extract, Natural Flavor "Black Currant", Zinc Oxide, Rutin, B6, B2, B1.



## Bilberry-Forte Lutein

Bilberries Forte with lutein contains anthocyanins, vitamins and zinc, which are necessary for daily vision maintenance, especially with increased eye strain, and is also additionally enhanced with lutein, a carotenoid that performs a protective function for the retina.

The retina is the tissue of the eye, which is made up of light-sensitive cells and nerve fibers, and excess light can cause it to change structurally. The eye has a reliable system of protection against the risk of photo-damage, the main component of which is lutein.

The higher the density of lutein in the retina, the lower the risk of changes. Reduced protective function due to a lack of lutein in food leads to depletion of the retinal pigment layer, which can lead to reduced vision. Today, this is the most common cause of vision problems in people over 60 years of age. Lutein plays an important role in preventing structural changes in the eyes.

Bilberry anthocyanins stimulate the synthesis and natural renewal of the visual pigment rhodopsin, helping to increase visual acuity, improve adaptation to darkness and low-light conditions. This accelerates the process of natural retinal renewal and reduces eye fatigue from prolonged work.

A complex of bilberry bioflavonoids and rutin with vitamin C helps to strengthen the vascular wall, improve blood supply to the eyes and maintain normal intraocular pressure.

A complex of B vitamins is necessary for normal metabolic processes in the eye tissues. Vitamin B1 increases visual performance, while its lack causes muscle weakness, including eye tissue. When vitamin B2 is deficient, there is redness of the eyes, a burning sensation in the eyes and eyelids. If you are deficient in vitamin B6, you may experience increased eye strain and twitching.

Zinc is essential for the formation of the main visual pigment rhodopsin and for conducting light signals through the retina, so it protects the eyes from structural changes caused by bright light, UV radiation, or other types of oxidative stress. Structural changes in the retina

and reduced color perception are associated with zinc deficiency in the body.

Lutein and zeaxanthin formed from it in the eye tissues are the main components of the shielding and antioxidant system for protecting the eye from the negative effects of light flux and especially its most aggressive part — ultraviolet radiation.

Bilberry Forte with lutein contains the entire complex of Bilberry Forte with vitamins and zinc, additionally enhanced with lutein-carotenoid, which performs a protective function for the retina.

#### INGREDIENTS:

microcrystalline cellulose (filler), ascorbic acid; film coating components (food additives): hydroxypropylmethylcellulose (thickener), polyethylene glycol (Glazer), titanium dioxide, Carmine and iron oxide (colorants); zinc oxide, vegetable calcium stearate and amorphous silicon dioxide (anti-tracking agents), rutin, lutein (marigold extract), bilberry extract, pyridoxine hydrochloride, thiamine hydrochloride, Riboflavin

#### METHOD OF APPLICATION:

Adults and children over 14 years of age 2 tablets 2 times a day with meals, children from 7 to 14 years of age 3 tablets a day, children from 3 to 7 years of age 1 tablet 2 times a day. The duration of admission is 2-4 months. A 10-day break is allowed.

#### Contraindications

Individual intolerance to the components. Consult your doctor before use.

Shelf life: 3 years.

#### Ingredients

4 tablets for adults and children over 14 years old

3 tablets for children 7-14 years old

2 tablets for children 7-14 years old

Vitamin C, not less

70 mg

117%<sup>2</sup>

52,5 mg

87,50%

35 mg

70%

Zinc, not less

15 mg

100%

11 mg

100%

7,5 mg

94%

Vitamin P (rutin), not less

10 mg

33%

7,5 mg

—1

5 mg

—1

Lutein (from marigolds), not less

0,5 mg

10%

0,375 mg

0,25 mg

—1

anthocyanins (from bilberry), not less

2 mg  
4%  
1,5 mg  
—1  
1 mg  
—1  
Vitamin B6 (pyridoxine), not less  
2 mg  
100%  
1,5 mg  
100%  
1 mg  
83%  
Vitamin B2 (Riboflavin), not less  
1,8 mg  
113%<sup>2</sup>  
1,35 mg  
113%<sup>2</sup>  
0,9 mg  
90%  
Vitamin B1 (thiamine), not less  
1,5 mg  
107%<sup>2</sup>  
1,13 mg  
102%  
0,75 mg  
83%



# Bilberry-Forte with Taurine

To reduce the risk of developing age-related eye diseases.

Blueberry-Forte with Taurine helps:

- improve regeneration - natural renewal of eye tissues, which provides functional support and preservation of vision
- reduce the risk of developing age-related eye diseases
- strengthening of retinal cell membranes
- improve metabolism and energy processes in the tissues of the eye

# Bilberry-Forte with vitamins and zinc

Bilberry Forte with vitamins and zinc - a complex of vitamins for vision with bilberry anthocyanins, vitamins and zinc, necessary for daily maintenance of vision, especially with increased eye strain. Biologically active substances of bilberries (anthocyanins, organic acids, carotenes, pectin substances, trace elements), acting in combination with B vitamins, vitamin C, rutin and zinc:

help to relieve eye strain and preserve vision; protect eyes from fatigue and irritation; they help to improve the adaptation of vision in the dark and strengthen the walls of blood vessels, including the vessels of the fundus; they have a positive effect on the functional state of the visual organs associated with the deficiency of vitamins and trace elements. Bilberry Anthocyanins stimulate the synthesis and natural renewal of the visual pigment rhodopsin, helping to increase visual acuity, improve adaptation to darkness and low-light conditions. This accelerates the process of natural retinal renewal and reduces eye fatigue from prolonged work.

A complex of bilberry bioflavonoids and rutin with vitamin C helps to strengthen the vascular wall, improve blood supply to the eyes and maintain normal intraocular pressure.

A complex of b vitamins is necessary for normal metabolic processes in the eye tissues.

Vitamin B1 increases visual performance, while its lack causes muscle weakness, including eye tissue. When vitamin B2 is deficient, there is redness of the eyes, a burning sensation in the eyes and eyelids. If you are deficient in vitamin B6, you may experience increased eye strain and twitching.

Zinc is essential for the formation of the main visual pigment rhodopsin and for conducting light signals through the retina, so it protects the eyes from structural changes caused by bright light, UV radiation, or other types of oxidative stress. Structural changes in the retina and reduced color perception are associated with zinc deficiency in the body.

#### INGREDIENTS:

microcrystalline cellulose (carrier), zinc lactate, ascorbic acid; film coating components (food additives): hydroxypropylmethylcellulose (thickener), polyethylene glycol (Glazer), titanium dioxide, Carmine and iron oxide (dyes); rutin, bilberry extract, vegetable calcium stearate and amorphous silicon dioxide (anti-caking agents), pyridoxine hydrochloride, Riboflavin, thiamine hydrochloride

#### METHOD OF APPLICATION:

Adults and children from the age of 14 take 2 tablets 2 times a day during a meal, children from 7 to 14 years old take 3 tablets a day, children from 3 to 7 years old take 1 tablet 2 times a day. The duration of administration is 2-4 months. A 10-day break is allowed.

#### Contraindications

Individual intolerance to the components, pregnancy, breast-feeding. Consult your doctor before use.

Shelf life: 3 years

#### Ingredients

4 tablets for adults and children from the age of 14

3 tablets for children 7-14 years old

2 tablets for children 7-14 years old

Zinc, not less

15 mg

100%

11 mg

100,00%

7,5 mg  
 94%  
 Vitamin C, not less  
 50 mg  
 83%  
 37,5 mg  
 63%  
 25 mg  
 50%  
 Vitamin P (rutin), not less  
 10 mg  
 33%  
 7,5mg  
 —1  
 5 mg  
 —1  
 anthocyanins (from bilberry), not less  
 2 mg  
 4%  
 1,5 mg  
 —1  
 1 mg  
 —1  
 Vitamin B6 (pyridoxine), not less  
 2 mg  
 100%  
 1,5 mg  
 100%  
 1 mg  
 83%  
 Vitamin B2 (Riboflavin), not less  
 2 mg  
 125%2  
 1,5 mg  
 125%2  
 1mg  
 100%  
 Vitamin B1 (thiamine), not less  
 1,5 mg  
 107%2  
 1,13 mg  
 102%2  
 0,75mg  
 83%



# Biorhythm Vision, tablets

Morning tablet - helps maintain normal eyesight throughout the day. Evening tablet - promotes the nutrition of eye tissues during the night rest.

Ingredients:

Morning Tablet: Lutein, Zeaxanthin, Taurin, Vitamin E, Bilberry Extract, Zinc Oxide, Vitamin A;

Evening Tablet: Taurin, Magnesium Carbonate, Vitamin C, Nicotinamide, Hesperidin, Vitamins B6, B2, B1.



# Double Omega-3 700 mg, capsules

The maximum daily intake concentration of omega-3. 1400 mg of omega-3 in 2 capsules.

The product contains high-quality omega-3 produced in Norway (BASF AG). Recommended for use in pregnant and lactating women.

Promotes:

- improving heart, brain, eyes and joints function
- maintaining the normal level of cholesterol
- radiant beauty of the skin and hair



# Eyebright

Herbal composition with vitamins (A, B2, C), rutin and zinc for vitamin-mineral support and nutrition of eye tissues. Eyebright EVALAR tea is also good for intensive eyesight support and prevention of age-related changes. They work best if taken in combination.

Ingredients: Eyebright Herb (Euphrasia), Eyebright Extract, Vitamins C, A, Rutin, Zinc Oxide, Riboflavin.



# Lutein-intensive

Contains the maximum amount of lutein (10 mg or 200% of recommended daily allowance) and zeaxanthin.

Promotes the protection of the retina and intensive support for the vision.

Ingredients: Marigold Extract, Vitamin C, Nicotinic Acid, Zinc Oxide, Vitamins  $\hat{A}6$ ,  $\hat{A}2$ ,  $\hat{A}1$ , A, Zeaxanthin.



# Omega 3-6-9

Super Omega 3-6-9 is a balanced complex of three fatty acids Omega-3, Omega-6 and Omega-9 - which helps:

- improve the functioning of the heart, brain, eyes and joints
- maintain normal cholesterol levels
- promote the beauty of skin and hair
- rejuvenate and improve body health

Each capsule of the Omega 3-6-9 ANTI-AGE Evalar complex contains the following active ingredients:

Cedar Nut Oil (Omega-6, Omega-9)

Flaxseed oil (Omega-3, Omega-6, Omega-9)

Fish Oil (Omega-3)

This combination of ingredients ensures a balanced intake of essential polyunsaturated fatty acids.



# Triple Omega-3 950 mg, capsules

The maximum daily intake concentration of omega-3 in 1 capsule. 950 mg of omega-3 in 1 capsule, for convenient intake. The product contains high-quality omega-3 produced in Norway (BASF AG). Recommended for use in pregnant and lactating women.

Promotes:

- improving heart, brain, eyes and joints function
- maintaining the normal level of cholesterol
- radiant beauty of the skin and hair