



# "Panteya®" Evalar, tablets

The complex is based on the extract of marals' antlers (new horns), containing a wide range of biologically active substances and reinforced with zinc, for active lifestyle at any age. Marals' antlers (new horns) are a valuable natural raw material, unsurpassed in its unique biological ability to heal the human body.

Panthocrine Panteya has a mild and physiologically beneficial effect of increasing physical and mental capacities, improving the body's resistance to the effects of various physical or biological stressors.

The extract of marals' antlers, reinforced with zinc, promotes:

Increasing energy and efficiency

Strengthening the immune system

Normal sexual function

Ingredients: Extract of Maral Antlers, Zinc Lactate.



# "SUGAR BALANCER®" Evalar

Non-hormonal herbal remedy for maintaining the normal sugar level. The composition includes inulin and gymnema. Gymnema slows down the absorption of glucose, lowers blood sugar levels to normal values, reduces the craving for sweets. Inulin activates the metabolism and fat burning processes associated with the absorption of glucose, and maintains the normal level of sugar.

Ingredients: Inulin, Gymnema Extract.



# 5 HTP

Non-medicinal antidepressant.

5-HTP is a natural\* "antidepressant" of plant origin with a high degree of assimilation helps:

- synthesize serotonin and melatonin in the body
- reduce the effect of stress on the body (anxiety, depression, irritability, aggressiveness, apathetic state, panic attacks, neurosis), calm down and relax
- improve mood
- adapt when changing time zones
- promotes increase in energy and efficiency, gives vigor
- normalization of a healthy cycle of sleep and wakefulness, normalization of sleep based on emotional breakdown, improvement of the quality and duration of sleep
- reduce food addiction, cravings for carbohydrates: sweets, starchy foods
- reduce cravings for alcohol, tobacco and other addictive substances
- slow down the aging process (Anti-age effect)

\*Active ingredients.



# Acetyl Glutathione

Detoxification and slowdown of aging rate.

Acetyl Glutathione helps:

- Slow down the rate of aging (anti age effect)
- Increase immunity
- Detoxify the body (removal of toxic substances and heavy metals)
- Reduce inflammation
- Improve the functioning of the lungs and liver
- Restore of damaged tissues
- Antioxidant protection of the body



# AEvitamin, capsules

A combination of vitamins with immune stimulating and antioxidant properties, an additional source of vitamins A and E.

Ingredients: Vitamin A, Vitamin E.



# Agrimony herb

For the liver and gall bladder.



# Alpha-lipoic acid 100 mg, capsules

Maximum content of alpha-lipoic acid in 1 capsule to support metabolism. Alpha-lipoic acid plays a key role in the metabolic function, promoting the conversion of glucose into energy. As an antioxidant, it protects cells from damage by free radicals. Alpha-lipoic acid reduces blood glucose levels in people with diabetes. The product has a hepatoprotective effect, and can be used as part of a comprehensive therapy of liver diseases such as hepatitis, cirrhosis, etc. Alpha-lipoic acid is successfully used for weight loss.

Promotes:

- support of metabolism
- antioxidant protection and detoxification of the body
- slowing down the aging process
- protection of liver cells
- lowering blood sugar level
- weight control



# Altai Legends balsam sedative

The recipe includes medicinal plants that have proven themselves in traditional and folk medicine as effective soothing and sedative remedies, relieving increased nervous tension and reducing the risk of developing nervous system diseases, such as neuroses and sleep disorders.

The balsam is based on five-lobed Motherwort, Chamomile, Peppermint, Melissa Officinalis, Calendula Officinalis, Natural Honey.

Contents in 100 g: Proteins: 0 g, Fats: 0 g, Carbohydrates: 62 g Energy: 250 kcal.



# Altai Legends for women

The recipe includes medicinal plants that have proven themselves in traditional medicine and popular healing practices as effective remedies for reducing the risk of the most common diseases of women's reproductive system.

Among the ingredients: Calendula Officinalis, Oregano, Yarrow, Rhodiola Quadrifida, Ortilia Secunda, Rose Hips, Natural Honey, and Lemon Juice. Helps reduce the risk of gynecological diseases.

Contents in 100 g: Proteins: 0 g, Fats: 0 g, Carbohydrates: 62 g Energy: 250 kcal.



# Altay Legends Heart Support Balsam

Helps reduce the risk of cardiovascular diseases, including atherosclerosis.

Ingredients: Hawthorn, Meadow Clover, Melissa Officinalis, Five-Lobed Motherwort, Common Oregano, Natural Honey, Lemon Juice.



# Altay Legends Immune System Support Balsam

Restorative balsam for improving immune defenses.

Its composition includes flowers and leaves of Hawthorn, Hawthorn Fruit, Echinacea Herb, Rose Hip, Eleutherococcus, Natural Honey, Lemon Juice.

Contents in 100 g: Proteins: 0 g, Fats: 0 g, Carbohydrates: 62 g Energy: 250 kcal.



# Altay Legends Men's Health Balsam

The composition includes Maral Root, Hedysarum Neglectum, Elecampane Inula, Purple Echinacea, Common Nettle, Natural Honey, and Lemon Juice.

Helps reduce the risk of diseases of the genitourinary system in men, including chronic prostatitis.

Contents in 100 g: Proteins: 0 g, Fats: 0 g, Carbohydrates: 62 g Energy: 250 kcal.



# Altay Legends. Liver Support Balsam

Natural herbs for mild liver care.

The biologically active substances in the herbs belong to soft natural cholagogic and hepatoprotective agents.

Ingredients: Calendula Officinalis, Corn, Yarrow, Oats, Wild Rose, Natural Honey.



# Anti-Herpes Evalar lipstick

The composition includes acyclovir 5%. Helps to quickly eliminate the break-out of herpes. Effective in the early stages of herpes simplex.

Ingredients: Castor Oil, Beeswax, Lanolin, Oil Concentrate of Propolis, Cocoa Butter, Acyclovir, Oil Extracts of St. John's Wort and Calendula, Larch Balm, Lecithin, Food Flavor, Vitamins A and E.





# Antioxidant formula, capsules

A powerful antioxidant multi-agent product against aging, which includes 22 antioxidant ingredients: vitamins, minerals, amino acids, and plant extracts. High quality raw materials from Germany, Switzerland, and France.

Promotes:

- protection against free radicals and negative environmental factors
- maintaining youth and active longevity

The production of the ANTI-AGE range omega-3-containing products uses fish oil from the internationally renowned company BASF–Pronova Pure 500:200 EEUU from Pronova Bio Pharma Norge AS, Norway. This raw material consists of highly concentrated omega-3 fatty acids derived from carefully selected fish oils.

Fish oil is purified based on a patented technology that makes it possible to remove unwanted impurities and keep valuable omega-3 fatty acids.

Several steps of molecular distillation are used to manufacture the product with a high concentration of omega-3.

The quality meets the requirements of the European Pharmacopoeia.



# Antiseptic Spray For Hands And Devices

Sanitizing 99% of hands, gadgets and any surrounding surfaces.

For quick disinfection of hands or gadgets: while walking, traveling, outdoors, in the office - anywhere and anytime, use an antiseptic spray for hands and gadgets made by Evalar.

Benefits:

- Ethyl alcohol content - 70%
- Not every antibacterial agent is an antiseptic. In order not only to reduce the number of microbes, but to reduce the risk of infection with viruses and bacteria, it must contain at least 60% alcohol. The antiseptic spray by Evalar contains more - 70% ethyl alcohol: at this concentration, ethanol penetrates into the deep layers of the epidermis for a more pronounced antiseptic effect.
- Sanitation - 99%

Ethyl alcohol in the composition provides a high degree of disinfection - 99%.

- Does not leave traces, film, stickiness, etc., as it contains only alcohol and water
- Suitable for disinfection of most surfaces, including plastic and glass
- Convenient spray nozzle

Apply a small amount of the solution to the surface and rub until completely dry.





# Aqua Master spray

Nasal salt spray at the best price.

A universal remedy for the treatment of any kind of runny nose in case of a common cold or allergy. Gently cleanses the nose of viruses, bacteria and allergens, can be used by adults, pregnant women and children. Suitable for daily hygiene and disease prevention. After the spray is spent, the vial with a detachable nozzle can be used as a convenient appliance for rinsing the nose with the solution of sea salt supplied in a GIFT, at the rate of 1 bag per vial. Advantage: 2 times less expensive than the analogue.

Ingredients: Sodium Chloride.



# AquaMaster Evalar Device for nasal irrigation and rinsing

This device is used for irrigation and washing of nasal mucosa. It has a detachable spray nozzle that enables to use it with sea salt AquaMaster Evalar (an agent for irrigation and washing of nasal mucosa).

Sea salt AquaMaster Evalar (in sachet bags) is for prevention and complex treatment of ENT disorders in adults and children older than 3 years. It is used for preparation of solution for irrigation and washing of nasal mucosa.

It is applied with the use of AquaMaster Evalar device for the following indications:

- Acute and chronic rhinitis (coryza)
- Allergic rhinitis
- Vasomotor rhinitis
- Sinusitis (maxillitis and other sinusitis)
- Influenza and URTI
- Adenoiditis
- For nasal hygiene



# Arthromaximum

The extract of martynia fragrans helps

Reduce the inflammatory processes of the joints and ease pain.

Decrease the elevated levels of uric acid, reducing the risk of gout.

Ingredients: Martynia Fragrans.



# Artichoke extract

The maximum content of artichoke extract<sup>1</sup> from France: 1200 mg. Artichoke has the following properties:

Mild choleric effect.

Supports natural protection of liver cells.

Improves cholesterol metabolism.

Ingredients: Artichoke Extract.



# Ascorbic acid 100 mg



# ATEROKLEFIT BIO, capsules

Maintain normal level of cholesterol.

Due to its composition, ATEROKLEFIT Bio helps maintain normal metabolism of lipids and cholesterol metabolism, improves the condition of blood vessels, maintains normal blood viscosity values, and preserves the normal functional state of the cardiovascular system.

Ingredients: Clover Extract, Vitamin C, Extract of Hawthorn Flowers and Leaves, Nicotinic Acid, Rutin.



# Ateroklefit Omega-3 Complex

For the heart and blood vessels. Cholesterol and blood pressure are fine.

Thanks to different mechanisms of action, clover, dioscorea and omega-3 in the composition of Ateroklefit Omega-3 Complex enhance each other's action and helps:

- Maintain normal cholesterol levels
- Normalization of lipid metabolism - transfer of LDL ("bad cholesterol") to HDL ("good cholesterol")
- Reduce the risk of developing atherosclerotic vascular changes
- Restoration of blood flow in the vessels
- Maintain normal tone and elasticity of blood vessels, lower blood pressure
- Improve the functional state of the cardiovascular system



# ATEROKLEFIT, starch drink

100% natural drink based on beta-glucan, oats and red clover, to reduce the risk of cardiovascular diseases.

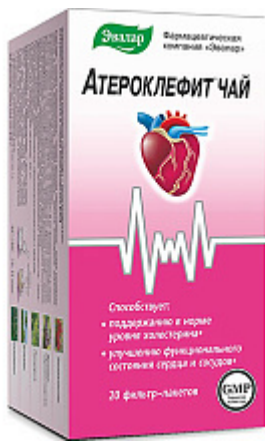
ATEROKLEFIT starch drink helps:

Maintain the normal levels of cholesterol in the blood.

Restore normal lipid metabolism. Convenient intake: only 1 sachet per day!

Ingredients: Beta-Glucan, Vitamin C, Nicotinamide (Niacin), Clover Extract, Sugar, Potato Starch, Blackcurrant Powder, Citric Acid (Acidity Regulator), Black Chokeberry Powder, Natural Blackcurrant Flavor.

Proteins: 0 g, Fats: 0 g, Carbohydrates: 23.6 g Energy: 90 kcal.



# АТЕРОКЛЕФИТ, tea

A natural drink based on fruits, flowers and leaves of hawthorn, black chokeberry fruit, alfalfa grass, clover grass, and rosemary leaves. When taken regularly, it helps:

Maintain normal level of cholesterol.

Improve the functional condition of the heart and blood vessels.

Ingredients: Hawthorn Fruit, Chokeberry Fruit, Alfalfa Grass, Hawthorn Flowers and Leaves,

Clover Grass, Medicinal Rosemary Leaves, Natural Blackcurrant Flavor.



# АТЕРОКЛЕФИТ, tincture

Medicinal product based on red clover.

Lowers total cholesterol levels, reduces the concentration of bad cholesterol and boosts healthy (high density) cholesterol.

Strengthen the blood vessels walls.

Prevents the formation of atherosclerotic plaques.

АТЕРОКЛЕФИТ can be taken for long periods thanks to its excellent safety profile.

Ingredients: Clover Grass, Ethyl Alcohol.



# Baby Formula bears Calcium

Fruit jelly lozenges with vitamin D3 + phosphorus, so that babies grow up healthy and strong.

Ingredients: Calcium Orthophosphate Trisubstituted, Natural Flavoring "Strawberry," Cholecalciferol.



# Baby Formula bears Calmness

Delicious chewable lozenges with glycine, mint, Melissa officinalis, magnesium, vitamin B6 for children from 3 years of age.

The competently selected components of the complex: glycine, mint and Melissa officinalis extracts, magnesium, vitamin B6, have a balancing effect on the processes of excitation and inhibition in the central nervous system, improve mental performance, reduce irritability and severity of vegetative reactions, and restore normal night sleep.

Ingredients: Glycine, Mint Extract, Melissa Extract, Magnesium, Vitamin B.



# Baby Formula Bears Immunity

The first-ever<sup>1</sup> elderberry and sea buckthorn gummies to activate and support immunity. For children 3 years of age and over.

Baby Formula Bears Immunity comes in the form of delicious gummy bears that kids love. You must admit that it is much easier to give your child delicious marmalade pastilles than to brew herbs and berries every day throughout fall and winter.

Baby Formula Bears Immunity with elderberry has an immunostimulating effect and helps:

- increase the body's defenses, maintain the activity of the immune system
- maintain the activity of the immune system, including during the season of colds, during the period of adaptation to kindergarten or school, as well as during recovery
- reduce the risk of developing colds<sup>2</sup>

1 In the assortment of Evalar

2 All listed properties are confirmed by SRC

No. KZ.16.01.98.003.Ä.000044.01.20 dated January 20, 2020.



# Baby Formula Bears Immunity

Delicious chewable lozenges based on sea buckthorn and dog rose, for stronger immune defenses. The composition includes high quality European ingredients.

Without gluten, artificial colors, flavors and preservatives.





# Baby Formula Bears Multivitamins

Vitamin bears at the best price!

10 vitamins and minerals + iodine and choline for memory and attention.

Multivitamins based on natural juice for children from 3 years of age.

Do not contain gluten, artificial colors, flavorings and preservatives.

Ingredients: Vitamins Ñ, Å, B6, Å, D3, Å12, Folic Acid, Biotin, Zinc Oxide, Potassium Iodide, Choline, Inositol.



# Baby Formula Bears Vitamin D3

The only\* gummy bears for children from 3 years old

100% Daily Value Vitamin D3 in 1 Lozenge (400 IU) \*\*

To support the immune system, nervous system, strengthen teeth, bones and muscles

Specifically, to replenish the deficiency and maintain the normal level of vitamin D for children from 3 years of age, Evalar has developed a vitamin product Baby Formula Bears Vitamin D3 in the form of delicious gummy bears. Each lozenge contains natural vitamin D3, also called "sunshine vitamin", at an optimal dosage of 400 IU\*

Helps:

- strengthen and support immunity
- increase the body's defenses during colds
- reduce the risk of colds
- improve the absorption of calcium, which helps to strengthen bone tissue and teeth
- development of the musculoskeletal system
- reduce the risk of rickets.

- Supports muscle contractions, including cardiac
- Supports muscle and nervous system strength - the foundation of endurance
- Promotes an increase in the production of serotonin that is known as "the hormone of joy", which ensures a good mood, helps to regulate the emotional state of the child, to fight irritability, increased excitability, moodiness
- Normalizes sleep
- Promotes the regulation of the child's appetite<sup>1</sup>

\* According to the data from Group DSM, JSC until July 2020

\*\* Physiological norm for children in accordance with MR 2.3.1.2432-08

1 All listed properties are confirmed by SRC

No. AM.01.07.01.003.R.000023.01.20 from 30.01.2020.



# BabyFormula Bears Vitamin N

50 mg of vitamin C in 1 lozenge.

Convenient presentation. With orange and lemon flavor.

Ingredients: Ascorbic Acid, Natural Flavorings "Lemon" And "Orange".



# Bifilar

A synbiotics consisting of bifido- and lactobacilli, and a prebiotic for restoring normal intestinal microflora.

Contributes to the growth of body's own beneficial bacteria.

Strengthens immune defenses.

Does not require storage in the refrigerator. For adults and children from 3 years of age.

Ingredients: Fructo-Oligosaccharides, Bifidobacterium Longum, Lactobacillus Acidophilus.



# Bilberry Forte Intensive Complex for Vision, capsules, tablets

Innovative presentation: one sachet contains 2 Bilberry chewable tablets + 1 Lutein tablet + 1 omega-3 capsule for simultaneous administration. Maximum strength of lutein, zeaxanthin, omega-3, bilberry anthocyanins, vitamins A, C, P, B6, B2, B1 and zinc helps:

Preserve the sight.

Fully protect the eyes from fatigue and irritation.

Ingredients: Fish Oil; Lutein Tablet: Lutein Substance 5%, Vitamin C, Vitamin PP, Zinc Oxide, Zeaxanthin Substance 5%, Vitamins A, B6, B1, B2; Bilberry Tablet: Vitamin C, Bilberry Extract, Natural Flavor "Black Currant", Zinc Oxide, Rutin, B6, B2, B1.



## Bilberry-Forte Lutein

Bilberries Forte with lutein contains anthocyanins, vitamins and zinc, which are necessary for daily vision maintenance, especially with increased eye strain, and is also additionally enhanced with lutein, a carotenoid that performs a protective function for the retina.

The retina is the tissue of the eye, which is made up of light-sensitive cells and nerve fibers, and excess light can cause it to change structurally. The eye has a reliable system of protection against the risk of photo-damage, the main component of which is lutein.

The higher the density of lutein in the retina, the lower the risk of changes. Reduced protective function due to a lack of lutein in food leads to depletion of the retinal pigment layer, which can lead to reduced vision. Today, this is the most common cause of vision problems in people over 60 years of age. Lutein plays an important role in preventing structural changes in the eyes.

Bilberry anthocyanins stimulate the synthesis and natural renewal of the visual pigment rhodopsin, helping to increase visual acuity, improve adaptation to darkness and low-light conditions. This accelerates the process of natural retinal renewal and reduces eye fatigue from prolonged work.

A complex of bilberry bioflavonoids and rutin with vitamin C helps to strengthen the vascular wall, improve blood supply to the eyes and maintain normal intraocular pressure.

A complex of B vitamins is necessary for normal metabolic processes in the eye tissues.

Vitamin B1 increases visual performance, while its lack causes muscle weakness, including eye tissue. When vitamin B2 is deficient, there is redness of the eyes, a burning sensation in the eyes and eyelids. If you are deficient in vitamin B6, you may experience increased eye strain and twitching.

Zinc is essential for the formation of the main visual pigment rhodopsin and for conducting light signals through the retina, so it protects the eyes from structural changes caused by bright light, UV radiation, or other types of oxidative stress. Structural changes in the retina

and reduced color perception are associated with zinc deficiency in the body.

Lutein and zeaxanthin formed from it in the eye tissues are the main components of the shielding and antioxidant system for protecting the eye from the negative effects of light flux and especially its most aggressive part — ultraviolet radiation.

Bilberry Forte with lutein contains the entire complex of Bilberry Forte with vitamins and zinc, additionally enhanced with lutein-carotenoid, which performs a protective function for the retina.

#### INGREDIENTS:

microcrystalline cellulose (filler), ascorbic acid; film coating components (food additives): hydroxypropylmethylcellulose (thickener), polyethylene glycol (Glazer), titanium dioxide, Carmine and iron oxide (colorants); zinc oxide, vegetable calcium stearate and amorphous silicon dioxide (anti-tracking agents), rutin, lutein (marigold extract), bilberry extract, pyridoxine hydrochloride, thiamine hydrochloride, Riboflavin

#### METHOD OF APPLICATION:

Adults and children over 14 years of age 2 tablets 2 times a day with meals, children from 7 to 14 years of age 3 tablets a day, children from 3 to 7 years of age 1 tablet 2 times a day. The duration of admission is 2-4 months. A 10-day break is allowed.

#### Contraindications

Individual intolerance to the components. Consult your doctor before use.

Shelf life: 3 years.

#### Ingredients

4 tablets for adults and children over 14 years old

3 tablets for children 7-14 years old

2 tablets for children 7-14 years old

Vitamin C, not less

70 mg

117%<sup>2</sup>

52,5 mg

87,50%

35 mg

70%

Zinc, not less

15 mg

100%

11 mg

100%

7,5 mg

94%

Vitamin P (rutin), not less

10 mg

33%

7,5 mg

—1

5 mg

—1

Lutein (from marigolds), not less

0,5 mg

10%

0,375 mg

0,25 mg

—1

anthocyanins (from bilberry), not less

2 mg  
4%  
1,5 mg  
—1  
1 mg  
—1  
Vitamin B6 (pyridoxine), not less  
2 mg  
100%  
1,5 mg  
100%  
1 mg  
83%  
Vitamin B2 (Riboflavin), not less  
1,8 mg  
113%<sup>2</sup>  
1,35 mg  
113%<sup>2</sup>  
0,9 mg  
90%  
Vitamin B1 (thiamine), not less  
1,5 mg  
107%<sup>2</sup>  
1,13 mg  
102%  
0,75 mg  
83%



# Bilberry-Forte with Taurine

To reduce the risk of developing age-related eye diseases.

Blueberry-Forte with Taurine helps:

- improve regeneration - natural renewal of eye tissues, which provides functional support and preservation of vision
- reduce the risk of developing age-related eye diseases
- strengthening of retinal cell membranes
- improve metabolism and energy processes in the tissues of the eye

# Bilberry-Forte with vitamins and zinc

Bilberry Forte with vitamins and zinc - a complex of vitamins for vision with bilberry anthocyanins, vitamins and zinc, necessary for daily maintenance of vision, especially with increased eye strain. Biologically active substances of bilberries (anthocyanins, organic acids, carotenes, pectin substances, trace elements), acting in combination with B vitamins, vitamin C, rutin and zinc:

help to relieve eye strain and preserve vision; protect eyes from fatigue and irritation; they help to improve the adaptation of vision in the dark and strengthen the walls of blood vessels, including the vessels of the fundus; they have a positive effect on the functional state of the visual organs associated with the deficiency of vitamins and trace elements. Bilberry Anthocyanins stimulate the synthesis and natural renewal of the visual pigment rhodopsin, helping to increase visual acuity, improve adaptation to darkness and low-light conditions. This accelerates the process of natural retinal renewal and reduces eye fatigue from prolonged work.

A complex of bilberry bioflavonoids and rutin with vitamin C helps to strengthen the vascular wall, improve blood supply to the eyes and maintain normal intraocular pressure.

A complex of b vitamins is necessary for normal metabolic processes in the eye tissues.

Vitamin B1 increases visual performance, while its lack causes muscle weakness, including eye tissue. When vitamin B2 is deficient, there is redness of the eyes, a burning sensation in the eyes and eyelids. If you are deficient in vitamin B6, you may experience increased eye strain and twitching.

Zinc is essential for the formation of the main visual pigment rhodopsin and for conducting light signals through the retina, so it protects the eyes from structural changes caused by bright light, UV radiation, or other types of oxidative stress. Structural changes in the retina and reduced color perception are associated with zinc deficiency in the body.

## INGREDIENTS:

microcrystalline cellulose (carrier), zinc lactate, ascorbic acid; film coating components (food additives): hydroxypropylmethylcellulose (thickener), polyethylene glycol (Glazer), titanium dioxide, Carmine and iron oxide (dyes); rutin, bilberry extract, vegetable calcium stearate and amorphous silicon dioxide (anti-caking agents), pyridoxine hydrochloride, Riboflavin, thiamine hydrochloride

## METHOD OF APPLICATION:

Adults and children from the age of 14 take 2 tablets 2 times a day during a meal, children from 7 to 14 years old take 3 tablets a day, children from 3 to 7 years old take 1 tablet 2 times a day. The duration of administration is 2-4 months. A 10-day break is allowed.

## Contraindications

Individual intolerance to the components, pregnancy, breast-feeding. Consult your doctor before use.

Shelf life: 3 years

## Ingredients

4 tablets for adults and children from the age of 14

3 tablets for children 7-14 years old

2 tablets for children 7-14 years old

Zinc, not less

15 mg

100%

11 mg

100,00%

7,5 mg  
 94%  
 Vitamin C, not less  
 50 mg  
 83%  
 37,5 mg  
 63%  
 25 mg  
 50%  
 Vitamin P (rutin), not less  
 10 mg  
 33%  
 7,5mg  
 —1  
 5 mg  
 —1  
 anthocyanins (from bilberry), not less  
 2 mg  
 4%  
 1,5 mg  
 —1  
 1 mg  
 —1  
 Vitamin B6 (pyridoxine), not less  
 2 mg  
 100%  
 1,5 mg  
 100%  
 1 mg  
 83%  
 Vitamin B2 (Riboflavin), not less  
 2 mg  
 125%  
 1,5 mg  
 125%  
 1mg  
 100%  
 Vitamin B1 (thiamine), not less  
 1,5 mg  
 107%  
 1,13 mg  
 102%  
 0,75mg  
 83%



# Biorhythm antistress 24 day/night



The daily dose is divided into 2 tablets, Day and Night, in accordance with human biorhythms. This helps to restore the daily biorhythms of the body, getting rid of fatigue, irritability and sleep problems.

The morning tablet helps manage the stress during the day.

The evening tablet promotes faster sleep onset at night.

Ingredients (Morning tablet): Extracts of Motherwort, St. John's Wort, Melissa Officinalis, Rutin, Vitamin B6, Vitamin B1; (Evening Tablet): Extracts of Eschscholtzia, Passionflower, Rutin, Pantothenic Acid.



## Biorhythm Vision, tablets

Morning tablet - helps maintain normal eyesight throughout the day. Evening tablet - promotes the nutrition of eye tissues during the night rest.

Ingredients:

Morning Tablet: Lutein, Zeaxanthin, Taurin, Vitamin E, Bilberry Extract, Zinc Oxide, Vitamin A;

Evening Tablet: Taurin, Magnesium Carbonate, Vitamin C, Nicotinamide, Hesperidin, Vitamins B6, B2, B1.



## BP Minus (blood pressure release), tablets

The unique composition of the biocomplex BP Minus helps maintain normal blood pressure, providing a mild and steady effect.

Ingredients: Buckwheat Herb and Flowers, Extracts of Buckwheat, Cudweed, Cherry Fruit Stalks, Vitamin C, Rutin.



# Breath Formula Spray

A combination of essential oils with antiseptic and antibacterial properties, for easy breathing in case of a cold.

Ingredients: Essential Oils of Eucalyptus, Mint, Juniper, Rosemary, Lemon, Thyme, Cloves, Lavender, Menthol, Camphor.



# Burdock Oil EVALAR

Burdock oil promotes the capillary circulation and restores metabolism in the scalp, effectively nourishes and strengthens the roots and structure of the hair. It is enough to make a hair pack once a week. Burdock oil EVALAR includes a high concentration of extracts from the roots of burdock and other herbs; it is also easy to wash off. The range includes:

Burdock oil with nettle

Burdock oil with marigold and hops

Burdock oil with horsetail extract

Burdock oil with bur-marigold

Burdock oil with propolis extract

Burdock oil with ginkgo biloba

Burdock oil with tea tree extract



# Calcium Activator capsules

K2 directs calcium to bones, preventing its deposition in joints, kidneys and blood vessels. It promotes the formation and maintenance of a dense bone structure, reducing the risk of fractures. Vitamin K2 slows down the rate of aging, as it helps maintain the elasticity of blood vessels, preventing their calcification.

Ingredients: anhydrous dibasic calcium phosphate, menaquinone-7 (vitamin K2), cholecalciferol (vitamin D3).

Presentation: 60 capsules of 0.46 g.

Recommended use: adults take 2 capsules once daily with meals, for 1 month. The course of treatment may be repeated if needed.

Shelf life: 2 years.



# Calcium D3 Evalar

Chewable tablets with orange flavour for added strength of bones.

Balanced composition of Calcium D3 Evalar:

Replenishes deficiency of Calcium and Vitamin D3,

Regulates Calcium and Phosphorus metabolism in bones, nails, hair and muscles,

Increases bone strength,

Helps to reduce risk for osteoporosis and to restore the bone tissue after fractures.

# Calcium D3 tablets



Chewable tablets with a pleasant orange flavor regulate calcium and phosphorus metabolism and help reduce the risk of osteoporosis, restore bone tissue in fractures, and cure deficiencies of calcium and vitamin D3.

Ingredients: calcium carbonate, cholecalciferol (vitamin D3).

Presentation: 30 tablets of 2.0 g.

Recommended use: adults and children over 14 years of age take 1 or 2 tablets daily, chewing them or dissolving them in the mouth.

Shelf life: 3 years.



## Calcium gluconate 500 mg

A source of calcium, a substance needed for the formation of bone tissue, the activity of smooth and skeletal muscles, the transmission of nerve impulses, myocardial activity, and blood clotting.

Ingredients: Calcium Gluconate.



# CARDIO ACTIV Omega-3, capsules

Each capsule contains 1000 mg of Atlantic salmon oil with a high concentration of PUFA Omega-3. Helps keep cholesterol levels normal and strengthen blood vessels.

Advantageous price compared to the imported analogue.

Ingredients: Atlantic Salmon Fish Oil, 350 mg in 1 Capsule.



# CARDIO ACTIV Taurine, tablets

For the treatment of cardiovascular insufficiency. Improves the heart muscle function.

Reduces the level of cholesterol, triglycerides and sugar in the blood. The amino acid Taurine helps excrete excess fluid from the body, reducing pressure in the blood vessels. It also calms the nervous system, thereby relieving arterial spasms. For use as part of comprehensive therapy.

Advantageous price compared to the imported analogue.

Ingredients: Taurin 500 mg in 1 Tablet.



# CARDIO ACTIV, tablets

The product contains not only potassium and magnesium, but also a high dose<sup>1</sup> of the extract of hawthorn flowers, the important source of biologically active substances for healthy heart function.

Cardio Active contributes to the improvement of the heart function, nourishes and supports it, making it stronger and more enduring.

Ingredients: Extract of Hawthorn Flowers and Leaves, Potassium Aspartate, Magnesium Aspartate, Hawthorn Fruit.



# CardioActiv vitamins for heart health

For the heart's energy and youth. The product contains the universally recognized vitamins for the heart and the maximum content of coenzyme Q10 in 1 capsule, 60 mg. The vitamins contribute to the production of energy to maintain the normal heart function, and help to strengthen not only heart, but also blood vessels.

Advantageous price compared to the imported analogue.

Ingredients: Coenzyme Q10, Vitamins A6, A12, Folic Acid.



# Carnosine, capsules

Carnosine is a natural dipeptide, consisting of beta-alanine and histidine. Studies have proven that L-carnosine has an amazing ability, not just preserving the youth of the cells, but also working as a switch from aging to rejuvenation. Today, L-carnosine is considered one of the most effective among the known anti-aging ingredients. To prevent aging and rejuvenate the body, just 500 mg of carnosine per day are enough.

Carnosine is not just a rejuvenating agent; it is widely known as a unique broad spectrum super-antioxidant, the best remedy to prevent and treat heart attacks and strokes, a preventive treatment for complications of diabetes, due to the product's property of neutralizing excess glucose, as a great medicine for preventing and slowing down the development of cataracts, as a universal remedy for a wide range of mental and nervous disorders (autism, depression, schizophrenia, epilepsy), and as a medicine for prevention and therapy of gastroduodenal ulcers.

Promotes:

- slowing down aging and preserving active longevity
- better performance and physical activity
- rejuvenation from the inside
- rapid recovery after physical activity
- prevents the destruction of cells by free radicals
- improves brain and heart function, especially in old age



# Chelated Calcium, tablets

The first chelated calcium in combination with amino acids, providing maximum absorption of calcium. Calcium chelate absorbs easily and has no side effects. Due to excellent solubility of chelates, they leave no insoluble deposits on the intestinal walls. Thanks to their normal level of acidity, they do not affect the acidity in the stomach. Calcium chelate does not require support with vitamin D.

Promotes:

- rapid cure of calcium deficiency
- maintaining the normal state of bones and teeth tissue
- improving the functional state of blood vessels and heart





# Chelated Magnesium, tablets

The first chelated magnesium in combination with amino acids, which provides maximum absorption of magnesium. Convenient to take: just 1 tablet a day. Recommended for adults and children from 14 years of age, as well as for pregnant and lactating women.

Promotes:

- stress resistance
- better function of the nervous system, muscles, and heart
- healthier sleep
- easing muscle spasms and cramps



# Chitosan Evalar

Chitosan is a natural polysaccharide. It binds fats from food directly in the digestive tract, before their assimilation, and promotes their excretion from the body. It also maintains a normal intestinal microbial population.

Chitosan EVALAR promotes:

Fats binding and excretion

Lowering cholesterol levels

Weight loss

Ingredients: Chitosan, Vitamin C, Citric Acid.



# Chonda Cream, Chonda Gel

Promotes better nutrition and restoration of cartilaginous tissue. With tisol, chondroitin and glucosamine penetrate deeply through the skin. In combination with capsules, tablets or drink, an optimal concentration of active substances is achieved.

Cream. Ingredients: Chondroitin Sulfate, Glucosamine Hydrochloride, Tisol, Essential Oil.

Gel. Ingredients: Chondroitin Sulfate, Essential Oils of Cloves, Peppermint, Abies Fir, Rosemary, Lavender, Thyme, Lemon, Eucalyptus, Juniper, Glucosamine Hydrochloride, Camphor, D-Panthenol, Hyaluronic Acid, Tisol.



# Chonda Drink

Cartilage protector drink with a high bioavailability (digestion) and maximum1 doses of ingredients.

Collagen 8000 mg (France) increases the strength and elasticity of cartilage and joints.

Chondroitin sulfate 800 mg and Glucosamine hydrochloride 1350 mg (Spain) contribute to the renewal of cartilaginous tissue.

Hyaluronic acid 50 mg (Switzerland) is the most important component of the joint fluid, maintaining the joints mobility.

Methylsulfonylmethane (MSM) 600 mg, vitamins (Germany) help relieve the edema of the joints.

Ingredients: Hydrolyzed Collagen, Glucosamine Hydrochloride, Chondroitin Sulfate, Fructose, Methylsulfonyl Methane (MSM), Lemon Juice Powder, "Pineapple" Flavoring, Citric Acid, Vitamin C, Hyaluronic Acid, Riboflavin.



# Chonda Forte

For the natural renewal of joints and spine cartilaginous tissue. The optimal doses of chondroitin and glucosamine (500 mg in 1 tablet) improve joints mobility. The composition is enhanced with plant extracts.

Favorable price compared to imported analogues.

Ingredients: Sodium Chondroitin Sulfate, Glucosamine Hydrochloride, Extracts of White Willow Bark and Burdock Roots.



# Chonda glucosamine maximum

Maintaining the health of cartilaginous tissue in the joints and spine.

Natural renewal of the cartilaginous tissue of the joints and spine.

Preservation of joint mobility.

Ingredients: Glucosamine Hydrochloride, Vitamins A6, A2, A12, Folic Acid.



# Chonda MSM

Chonda MSM by Evalar combined the action of four of the most important components for joints in optimal dosages (in daily intake):

- Glucosamine 1000 mg
- Chondroitin 800 mg
- Methylsulfonylmethane (MSM) 600 mg
- Hyaluronic acid 20 mg

Each component, effective individually, in a complex provides enhanced effect, so Chonda MSM has anti-inflammatory, analgesic, chondroprotective action and helps:

- improve mobility and flexibility of joints, elasticity of ligaments and tendons
- reduce the risk of destruction of cartilage tissue
- natural restoration of cartilage
- reduce pain in the joints and spine



# Chonda Neuro

In Europe, medicinal products containing cytidine and uridine are widely used for the treatment of neuropathy - these are vitamin-like substances that successfully restore (regenerate) nervous system cells. Cytidine and uridine form the material that makes up the composition of neurocellular membranes, are prototypes of DNA and RNA, without them it is impossible to create nerve cells. Thanks to their participation in the metabolism of carbohydrates, cells are endowed with energy.

Chonda Neuro from Evalar contains both of these substances - cytidine and uridine and in the optimal dosage: 100 mg + 100 mg.

Chonda Neuro helps:

- Restore damaged nerve fibers
- Normalization of the transmission of nerve impulses
- Improve the sensitivity of the damaged area
- Decrease the intensity of pain syndrome (including in the joints and spine)
- Reduce further damage to the nervous tissue

To restore nerve fibers and get rid of hand numbness, burning and tingling sensations, take Chonda Neuro from Evalar. The optimal course is at least 2 months with regular repetitions.



# Chonda, capsules

The most affordable cartilage protector<sup>1</sup> for regular use.

Ingredients: Sodium Chondroitin Sulfate, Glucosamine Hydrochloride, White Willow Bark and Burdock Root Extracts.



# Ci-Clim Alanine

Each tablet contains 400 mg of amino acid beta-alanine, which regulates body surface temperature and thus blocks heat attacks, helping reduce the number and severity of hot flashes. Advantageous price!



# Ci-Clim BotoEffect

Alternative to injective correction of facial wrinkles. Contains Argirelin that reduces the depth of facial wrinkles, especially on the forehead and around the eyes.

Ingredients: Argirelin, Lipoderm, Liposentol Multi, Tera-Vital, D-Panthenol, Wild Yam Extract, Lecithin, Hyaluronic Acid.

Presentation: 15 g tube.

Shelf life: 2 years.



# Ci-Clim drops

Medicinal product of herbal origin based on cimicifuga racemosa.

Ingredients: Liquid Extract of Cimicifuga Racemosa Rhizomes and Roots, Peppermint Leaves Oil.



# Ci-Clim vitamins for women 45+

A combination of vitamins and minerals for the menopause. The composition is enhanced with extracts of cimicifuga and motherwort, as well as L-carnitine. The phytoestrogens of cimicifuga contribute to maintaining the balance of female hormones. L-carnitine promotes the acceleration of metabolism and the breakdown of fats. The extract of motherwort and vitamins B are necessary for normal function of the nervous system.

Ingredients: L-Carnitine Tartrate, Magnesium Asparaginate, &#913;-Tocopherol Acetate, Ascorbic Acid, Rutin, Extracts of Cimicifuga and Motherwort, Calcium Pantothenate, Retinol Acetate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Folic Acid, Selexen.



# Coenzyme Q10 100 mg, capsules

Maximum Coenzyme Q10 in one capsule. Coenzyme Q10 can be found in absolutely all the tissues and organs of the human body. If its quantity is reduced by 75%, it leads to cell death. Q10 works as age protector only in high doses of 100 mg or more! Coenzyme Q10 is not just for heart protection and maintaining the youth, it also:

- strengthens the heart muscle
- reduces the side effects of statins
- preserves the beauty and youth
- slows down the aging process

The ingredients also include coconut oil, which boosts the absorption efficiency.





# Collagen Jelly Berries

Collagen peptide chewable lozenges for youth and beauty.

Helps:

- improve skin condition, smooth out fine wrinkles
- increase joint mobility, restore cartilage tissue
- slow down the aging process
- accelerate the healing of wounds, burns
- reduce the risk of osteoporosis



# Collagen Marine Powder

The collagen made of highest quality marine fish from Japan shows a high bioavailability and is better absorbed than other types of collagen. It helps improve the skin condition, smooth out fine wrinkles, slow down the aging process, increase joints mobility, strengthen ligaments and bone tissue, and also enhances the health of hair and nails.

Ingredients: hydrolyzed fish collagen, vitamin C.

Presentation: powder in 120 g bags.

Recommended use: Dissolve 3 dosing spoons (teaspoons) of collagen in 200 ml of any drink.

Adults take one dose daily. The treatment course lasts no less than 1 month, and can be continued if needed.

Shelf life: 3 years.



# Collagen with Vitamin C

Hydrolyzed Collagen 6000 mg \* with Vitamin C

Collagen with Vitamin C helps:

- improve skin condition, smooth out fine wrinkles
- slow down the aging process
- accelerate the healing of wounds, burns
- reduce the risk of osteoporosis
- increase joint mobility, restore cartilage tissue
- improve the condition of hair and nails.



# Copper Chelate

Easily available chelated copper for maximum absorption.

Copper Chelate by Evalar helps:

- reduce the risk of premature graying, maintain hair color
- promote production of collagen and elastin, maintenance of skin tone and youth
- normalize hemoglobin levels, strengthen the walls of blood vessels
- improve brain and eye health
- strengthen immunity, bones, joints



# Corrida

The product reduces the craving for smoking and makes tobacco withdrawal easier.

Ingredients: Extract Of Green Oats, Extract of Pueraria (Kudzu), Mint Oil, Glycine.



# Curcumin with Piperine

Natural protection and strengthening of the immune system. Maximum amount of curcumin in 1 tablet fortified with piperine.

Benefits of Curcumin with Piperine:

- Dose: Maximum amount of curcumin in 1 tablet
- Convenient use: 1 tablet per day, 1 pack per course
- Ingredients: Curcumin is enhanced with piperine for better absorption
- Raw materials: high quality raw materials from the leading manufacturer in India - the birthplace of turmeric
- Purity: gluten free, GMO free, titanium dioxide free; suitable for vegetarians
- Quality: high quality according to GMP standard

Curcumin with Piperine by Evalar is a natural complex of plant extracts of turmeric and black pepper, which has a tonic and antioxidant effect and helps:

- Increase the body's defenses (strengthening the immune system)
- Improve mobility and flexibility of joints
- Improve the functional state of the liver, biliary tract, gastrointestinal tract
- Mild choleric and hepatoprotective action
- Normalize metabolism in metabolic syndrome
- Preserve youth and slow down the aging process

1 Maximum amount of curcumin (150 mg) corresponds to the upper acceptable level of daily consumption.



# Curcumin, capsules

The first micellar Curcumin in Russia. Curcumin is the principal active substance of the famous Turneric spice, possessing a powerful anti-inflammatory and antibacterial effect. However, only 5 to 10% of the curcumin contained in the spice are assimilated. For 100% assimilation, curcumin must come in micellar form. CURCUMIN EVALAR capsules contain a micellar form of curcumin, which contributes to:

- liver protection and cleansing, mild choleretic effect, reducing the risk of gallstones
- reducing inflammation and easing joint pain
- strengthening immune defenses, protecting the body from viruses, bacteria, and fungi

Today, nutritionists recommend including turmeric in the balanced diet, to reduce the risk of cancer. Since curcumin contributes to the reduction of inflammatory processes, it suppresses the growth of cancer cells and prevents metastasis.



# Dihydroquercetin EVALAR, tablets

Each tablet contains 25 mg of Siberian larch bioflavonoid, which contribute to:

Maintaining normal blood viscosity.

Improving blood circulation.

Achieving normal lipid metabolism.

Improving the functional state of the cardiovascular and broncho-pulmonary systems.

Ingredients: 25 mg of Dihydroquercetin in 1 Tablet.



# Double Omega-3 700 mg, capsules

The maximum daily intake concentration of omega-3. 1400 mg of omega-3 in 2 capsules.

The product contains high-quality omega-3 produced in Norway (BASF AG). Recommended for use in pregnant and lactating women.

Promotes:

- improving heart, brain, eyes and joints function
- maintaining the normal level of cholesterol
- radiant beauty of the skin and hair



# Echinacea drink

A drink with a pleasant citrus taste supports immune system, strengthens the body's defenses and reduces the risk of developing colds.

Convenient presentation in form of sachets.

Ingredients: Lemon Juice, Echinacea Herb Extract, Vitamin C, Natural "Lemon" Flavoring.



# Effex Neuro

Natural product for increased sexual vigor, without synthetic components!

The unique composition includes amino acids L-arginine, L-glutamine, L-tryptophan, barrenwort extract, zinc and vitamins B3, B6. At the maximum strength<sup>1</sup>, they represent a real "cocktail" of the most beneficial substances for men's strength, endurance and full value intimate life! Due to their complex action, Effex Neuro promotes:

Prolonging sexual intercourse and enhancing its quality.

Eliminating the neurogenic (psychological) cause of premature ejaculation.

Protects against the negative effects of stress and increases libido.

Improves potency and spermatogenesis.

Ingredients: L-Arginine, L-Tryptophan, L-Glutamine, Barrenwort Extract Zinc, Vitamin B3, Vitamin B6.



# Effex Red Root tablets

Red root is a natural stimulant that can maintain a regular sexual activity. It is a combination of biologically active substances, the daily use of which contributes to:

Maintaining prostate health.

Improving the sexual function in men.

Ingredients: Hedysarum Neglectum Roots Powder, Vitamin E, Zinc Oxide.



# Effex Red Root tincture

Original remedy for the treatment of chronic prostatitis.

Heals edema and inflammation.

Eases pain.

Improves urination.

Does not contain synthetic components.

Advantages of Effex Red Root:

Unique patented composition based on Altay's mountain herbs.

Excellent therapeutic efficiency thanks to the synergy of two herbal component.

Clinically proven efficiency of the medicinal product.

High bio-availability of alcoholic tincture.

May be taken in a long course of treatment or as part of combination therapy.

Ingredients: Hedysarum Neglectum Rhizomes and Roots, Knot Grass, Ethanol.



# Effex Sildenafil, medicine, tablets

A treatment for erectile dysfunction, characterized by the inability to achieve or maintain an erection sufficient for a satisfactory sexual intercourse.

Ingredients: Sildenafil Citrate.





# Effex Tribulus

A natural remedy for the treatment of erectile dysfunction and improving spermatogenesis. Effex Tribulus based on Tribulus terrestris has a general tonic effect and stimulates some functions of the reproductive system. In men, it restores and improves sexual libido, for a longer time of erection. Stimulates spermatogenesis, increasing the number of spermatozoa and their mobility.

Ingredients: Herb Extracts of Tribulus Terrestris.



# Effex vitamins for men

A source of vitamins and minerals improving the sexual function.

Daily supplements the deficit of the vitamins, macro- and micronutrients: 12 vitamins, 7 minerals, biotin, maral root and barrenwort extracts promote:

Increasing physical stamina.

Maintain prostate health.

Improving sexual function.

Ingredients: Vitamins in Brown Capsules: Maral Root and Barrenwort Extracts, Vitamin C, Extract of Maral Roots, Rutin, Extract of Barrenwort, Niacin, Vitamin E, Pantothenic Acid, Vitamins B6, Vitamin B2, Vitamin B1, Vitamin A, Folicin, Biotin, Vitamin D, Vitamin B12, Magnesium, Zinc, Iron, Manganese, Copper, Iodine, Selenium.



# Elderberry Immunity

Elderberry is a natural immunity activator. Contains anthocyanin pigments that stimulate immune system functions and have antiviral properties.

American experts have found that elderberry extracts and infusions reduce the severity and duration of the flu<sup>1</sup>. Their Israeli colleagues claim that the duration of the disease is reduced by an average of 4 days<sup>2</sup>.

The composition is fortified with vitamin C and zinc.

Vitamin C (ascorbic acid) enhances the production of interferon proteins. It has anti-inflammatory properties, helps neutralize free radicals and protect lung cells from their aggressive effects<sup>3,4</sup>.

Zinc, according to the latest data, prevents the multiplication of coronavirus due to its ability to block the activity of the enzyme RNA polymerase and the enzyme ACE2, which helps the virus to enter the cell<sup>5</sup>.

Effervescent vitamins Elderberry Immunity instantly dissolve in water; in liquid form, they are easily absorbed by the body without causing stomach irritation or problems with swallowing.

- Free from artificial colors
- No preservatives
- Excellent taste
- Sugar free

1 Overview of the antiviral properties of black elderberry (*Sambucus nigra* L.) preparations. *Phytotherapy Research*, 2017, April; No. 31 (4), p. 533-554.

2 Randomized study of the efficacy and safety of oral administration of elderberry extract in the treatment of influenza A and B viral infections. *Journal of International Medical Research*, 2004, March-April; No. 32 (2), p. 40-132.

3 Carr A.C., Maggini S. Vitamin C and Immune Function. *Nutrients*. 2017 Nov; 9 (11): 1211.

4 Monosova O.Y. Sharapova K.G. Vitamins, micro- and macronutrients and their effect on the immune system. *Effective pharmacotherapy. Pediatrics*. 2010. No. 2. p. 6-11.

5 Skalny A., Rink L., Ajsuvakova O. et al. Zinc and respiratory tract infections: Perspectives for COVID 19 (Review). *Int J Mol Med*. 2020 Jul; 46(1): 17-26.



# Elderberry Syrup

Black elderberries are a world trend in immunity boosting

Today elderberries are enjoying great popularity worldwide thanks to the fact that they are natural immune boosters. This is due to their anthocyanin pigments which stimulate immune function and have antiviral properties.

The health benefits of the super elderberry have been confirmed by a lot of studies. Scientists discovered its antioxidant, antiviral and anti-inflammatory potential. Scientific medicine is also aware of the elderberry's antifebrile, antimicrobial and expectorative effect.

American specialists found that elderberry extracts and infusions reduce the severity and length of the flu course<sup>1</sup>. Their Israeli colleagues claim that the duration of the disease reduces by an average of 4 days<sup>2</sup>.

To sustain your immune system, use Evalar's Elderberry Syrup with black elderberry juice and extract.

Evalar's Elderberry Syrup is made from the berries of the black elder whose antioxidative activity level is 2 times higher than that of the bilberry and the cranberry and this when the latter two have long been considered the leaders in antioxidant content.

The composition is boosted with vitamins Ñ, D, B6, folic acid and zinc. These trace elements also have a positive effect on the human immune system.

In particular:

Vitamin Ñ(ascorbic acid) is a recognized immunostimulator. It stimulates interferon protein production. It has anti-inflammatory properties, contributes to the neutralization of free radicals and the protection of lung cells from their aggressive action<sup>3,4</sup>.

Vitamin Dis very important for health as it reinforces the immune systems, reduces inflammation and viral activity, as well as takes part in two hundred body functions. Vitamin D intake reduces incidences of ARVIs, including novel coronavirus infection COVID-19<sup>5</sup>.

Vitamin Å6 is necessary for normal production of nucleic acids, which prevent aging, and for sustention of the immune system.

Folic acid (folate)takes part in immune blood cell production, metabolism activation, contributes to digestive tract recovery.

According to the latest data, zinc prevents coronavirus from replicating thanks to its ability to inactivate RNA polymerase enzyme and ACE enzyme which help the virus to infiltrate the cell<sup>5</sup>.

The component ingredients contribute to:

- body defences strengthening;
- sustaining the immune system's activity;
- reduction of risk of getting cold-related and viral diseases;
- recovery after cold (flu);
- antioxidant protection.

Composition: sugar, water, black elderberry juice, ascorbic acid (vitamin Ñ), citric acid (acidity regulator), zinc sulphate, black elderberry extract, Berry Mix natural flavouring, cholecalciferol (vitamin D), pyridoxine hydrochloride (vitamin B6), folic acid.



# Endokrinol capsules

The non-hormonal product based on the white potentilla contributes to:

Maintaining normal thyroid function, structure and size.

Maintaining the balance of thyroid hormones.

Relieves prolonged fatigue and bad mood; helps to get rid of excess weight.

Advantageous price compared to the analogue.

Ingredients: Rhizomes and Roots of White Potentilla, Extract of White Potentilla, Vitamin E.



# Endokrinol cream gel

The cream gel is based on the specially selected herbal components, including the white potentilla picked at the moment of their maximum biological activity, starwort and toadflax. The cream gel Endocrinol combined with capsules creates the optimal concentration of plant active ingredients in the tissues of thyroid gland. Endocrinol from the company EVALAR is the choice of millions of Russians!

Ingredients: Water Extract of Stellaria Media, Oil Extract of Lunaria Vulgaris, Alcohol-Water-Glycerin Extract of Potentilla.



# Endokrinol Iodine

Natural iodine (150 mcg) and white potentilla help:

Replenish iodine in case deficiency.

Fight prolonged fatigue, bad mood and excess weight.

Improve memory and attention Advantageous price compared to the analogue.

Ingredients: Rhizomes and Roots of White Potentilla, Laminaria Thallius, Vitamin A.



# Essential phospholipids

Maximum essential phospholipids in 1 capsule, to support the liver's functional state.

Contributes to natural renewal of the liver cells

Helps protect the liver from fat and toxic damage.

Lowers cholesterol levels The capsules contain high-quality ingredients made in France and Germany.

Ingredients: Essential Phospholipids.



# Evalar BIO at Flu Tea

Medicinal plants included in Evalar BIO at Flu Tea contribute to the speedy recovery from colds and help maintain the immune system.

Ingredients: Rosehips, Sea Buckthorn, Chamomile Flowers, Basil Herb, Linden Flowers.

Advantages of Evalar BIO Teas:

100% natural composition. Most of the herbal ingredients are collected in the Altai or grown on Evalar's own plantations in the ecologically pristine foothills of Altai without using any chemicals or pesticides

Excellent microbiological purity of teas is ensured with a gentle method of instant steam treatment using high-tech French equipment

For the best preservation of medicinal properties, delicate taste and aroma of herbal tea, each teabag is individually packed in a multi-layer protective envelope