



# Evalar BIO Black Tea

Black tea with chamomile flowers.

Ingredients: Black Tea, Chamomile Flowers.

Advantages of Evalar BIO Teas:

100% natural composition. Most of the herbal ingredients are collected in the Altai or grown on Evalar's own plantations in the ecologically pristine foothills of Altai without using any chemicals or pesticides

Excellent microbiological purity of teas is ensured with a gentle method of instant steam treatment using high-tech French equipment

For the best preservation of medicinal properties, delicate taste and aroma of herbal tea, each teabag is individually packed in a multi-layer protective envelope



# Evalar BIO Bur-Marigold Tea

100% Bur-marigold herb.

Bur-marigold is administered as an anti-allergic, diuretic, sudatory and antipyretic remedy, in the form of infusions and "teas". It helps improve digestion and promotes normal metabolism.

Ingredients: Bur-marigold Herb.

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# Evalar BIO Chamomile Tea

Chamomile has anti-inflammatory, antiseptic, sedative, choleretic, sudatory, analgesic effects, and spasmolytic effect on smooth muscles. It promotes the normal function of the gastrointestinal tract. Chamomile flowers are used in the form of infusion or in combination with other ingredients, as an anti-inflammatory, antiseptic and anesthetic remedy for stomatosis, sore throat and tonsillitis.

Ingredients: Chamomile Flowers.

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# Evalar BIO Gout Relief Tea

Promotes the excretion of urates and prevents their deposition in the joints.

Ingredients: Currant Leaves, Burdock Roots, Orthosiphon Leaves, Red Cowberry Leaves, Linden Flowers, Dropwort Extract.

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# Evalar BIO Heart Health Herbal Tea

Helps maintain the normal function of the cardiovascular system.

Ingredients: Clover Herb, Hawthorn Flowers and Leaves, Buckwheat Herb and Flowers, Melissa Officinalis Herb, Strawberry Leaves, Currant Leaves, Peppermint Leaves, Black Tea, Natural Black Currant Flavor.

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# Evalar BIO Ivan Tea

Evalar BIO Ivan Tea consists of 100% willow herb leaves fermented in special conditions.

The willow herb is a plant widely spread all over the world, and used in folk medicine. The drink based on willow herb has been known and very popular in Russia since the 17th century, under the name of Koporsky Tea or Ivan Tea.

Due to its richness in healthy components, the willow herb (Ivan Tea) possesses restorative, anti-inflammatory, coating, spasmolytic, wound-healing, and sedative effects. It contributes to restoring normal metabolism. Ivan Tea is also used to prevent diseases of the genitourinary system. 1

1 V.F. Korsun, E.V. Korsun, N.A. Ogrenich, A.Y. Kryukova, O.A. Kuramshina. A Family Doctor's Phytotherapy - Moscow: 2016. - 456 p.



# Evalar BIO Laktomama Tea

Contains a combination of herbs that contribute to the improvement of lactation.

Ingredients: Oregano Herb, Melissa Officinalis Herb, Nettle Leaves, Fennel Seeds.

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# Evalar BIO Relaxing Day Tea

New tea from the collection of Evalar BIO teas. The tea has a mild soothing effect, relieves fatigue and nervous tension, does not have a hypnotic effect.

How ingredients work:

St. John's wort has a mild calming effect on the nervous system, has antidepressant and anxiolytic effect.

Motherwort is aimed to normalize the functional state of the central nervous system, has an antihypertensive, cardiotonic effect.

Green oats have analgesic, mild sedative effect, positively affects cardiac activity.

Rosemary medicinal has a general tonic, anti-inflammatory, astringent effects. Essential rosemary oil helps to reduce psycho-emotional stress.

Peppermint has a soothing, anticonvulsant, anti-inflammatory and analgesic effect.

Ingredients: Green Oats Grass, St. John's Wort, Rosemary Leaves, Motherwort Grass, Peppermint Leaves.

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# Evalar BIO Relaxing Tea - Good Night's Sleep Tea

Promotes emotional relaxation after working hours and prepares the body for sleep.

Ingredients: Hawthorn Fruit, Linden Flowers, Oregano Grass, Eschscholtzia Herb, Chamomile Flowers, Bergamot Flavor.

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# Evalar BIO Rosehips Tea

Helps strengthen vascular walls and improve immunity.

Ingredients: Fragmented Rosehips.

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# Evalar BIO Senna Tea

Has a mild laxative effect.

Ingredients: Leaves of Senna.

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# Evalar BIO Stress Support Tea

Supports a normal blood pressure.

Ingredients: Black Currant Leaves, Hawthorn Flowers And Leaves, Black Chokeberry Fruits, Melissa Officinalis Herb, Wild Strawberry Leaves, Black Tea, Peppermint Leaves, Natural Black Currant Flavor.

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# EVALAR BRONCHO (Acetylcysteine 1000 mg)

Maximum1 strength of Acetylcysteine in one cough relief tablet Cough is one of the most obvious symptoms in acute respiratory infections. If it persists, life becomes unbearable. Most of cough-related diseases are associated with inflammation of the mucous membrane in respiratory tract. To restore it, mucolytics (medicines for thinning sputum) are actively used, such as acetylcysteine. Evalar Broncho contains 1000 mg of acetylcysteine in 1 effervescent tablet. Evalar Broncho contributes to:

- Thinning and expectoration of the sputum
- Alleviating cough and easier breathing
- Reducing the frequency of coughing fits
- Faster recovery in cough-related diseases

How ingredients work Acetylcysteine has a direct effect on flow capacity of biological fluids. In particular, it can liquefy the sputum and increase the speed of movement of the cilia in ciliated epithelium, thus removing the sputum from respiratory tract quickly and efficiently. This substance also reduces the colonization of respiratory tract mucous membrane by viruses and bacteria, and has an anti-inflammatory effect<sup>2</sup>. Vitamin C is generally recognized as immune stimulant. It enhances the production of interferon proteins, which are among the first to fight viruses. Vitamin C has anti-inflammatory properties, it helps neutralize free radicals and protect lung cells from their aggressive effects<sup>3,4</sup>. Ivy contains saponins, beneficial substances with expectorant, antispasmodic, antioxidant, and anti-inflammatory effects. It means that ivy contributes to moisturizing the mucous membrane of respiratory tract and reduces sputum viscosity. Moreover, it has a general strengthening effect, toning up the body and mobilizing its defenses, which contributes to speedy recovery.

Ingredients: citric acid and sodium bicarbonate (acidity regulators), acetylcysteine, sorbitol (carrier), maltodextrin, beetroot extract (dye), natural flavoring agent Berry Mix, polyethylene glycol (carrier), ivy extract, sucralose (sweetener), ascorbic acid, polydimethyl siloxane (antifoaming agent), polyvinyl pyrrolidone (carrier). The product contains the sweetener sorbitol, which may have a laxative effect if consumed in excess.



# Evalar Potent Enzyme Complex, capsules

A complex of strong enzymes for excellent digestion. The combination of plant and animal enzymes contributes to:

Proteins breakdown.

Improving digestion.

Supporting immune defenses.

Ingredients: Pancreatin, Papain, Bromelain, Rutin, Extracts of Burdock, Melissa Officinalis, Zinc Oxide.



# Express Relax, tablets

The product includes glycine, passionflower and griffonia. In combination, they have an instant anti-stress effect, enhancing each other's beneficial properties. The orodispersible tablets ensure rapid absorption of active substances. The product does not cause drowsiness or addiction; does not reduce concentration.

Ingredients: Glycine, Extracts of Passionflower, Griffonia, Cocoa Powder, Natural Flavoring "Chocolate".





# Eyebright

Herbal composition with vitamins (A, B2, C), rutin and zinc for vitamin-mineral support and nutrition of eye tissues. Eyebright EVALAR tea is also good for intensive eyesight support and prevention of age-related changes. They work best if taken in combination.

Ingredients: Eyebright Herb (Euphrasia), Eyebright Extract, Vitamins C, A, Rutin, Zinc Oxide, Riboflavin.



# Femiwell Face and Body Creams with Phyto-Estrogens and Hyaluronic Acid

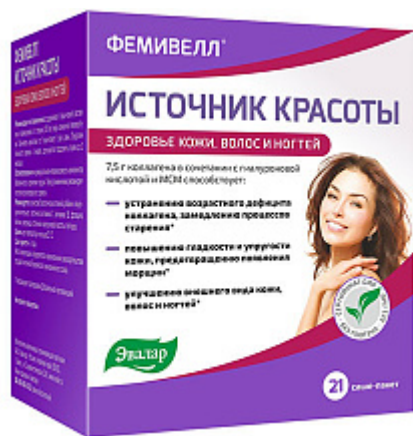
Stimulate the renewal of epidermal cells, increase the production of collagen and elastin, restore vitality and elasticity of the skin. 90% of women noted an increased effect when Femiwell tablets and cream were used together.

Face cream.

Ingredients: Lipoderm, Liposentol Multi, Extracts of Cimicifuga and Wild Yam, Hyaluronic Acid, D-Panthenol, Allantoin, Magnesium Orotate.

Body cream.

Ingredients: Lipoderm, Liposentol Multi, Extracts of Cimicifuga and Wild Yam, Hyaluronic Acid, D-Panthenol, Allantoin, Magnesium Orotate.



# Femiwell Source Of Beauty

Skin, hair and nails health in each sachet.

Femiwell Source of Beauty containing collagen peptides, hyaluronic acid, MSM and vitamins, contributes to:

Fighting age-related deficit of collagen, slowing down aging processes.

Maintaining skin smoothness and elasticity, preventing the appearance of wrinkles.

Improving the appearance of the skin, hair and nails.

Ingredients: Collagen Peptides, Hyaluronic Acid, Vitamin B2, Vitamin C, Vitamin B9, Biotin, Manganese, Methylsulfonylmethane (MSM), Beta-Alanine, Dry Extract of Immortelle.



# Femiwell ® Bio Evalar

Medicinal product. Non-hormonal natural alternative for the treatment of symptoms of menopause.

Advantages of the medicinal product Femiwell:

Absolutely natural.

Long-term courses of treatment are possible.

Affordable price (twice cheaper than the imported analogue).

The manufacturing is GMP certified.

Ingredients: Dry Cimicifuga Extract.



# Femiwell-menopause

Herbal non-hormonal remedy in two separate tablets, for the relief of the symptoms of menopause around the clock. The Day tablet helps reduce hot flashes, bringing calm and energy, while the Night tablet improves sleep.

Ingredients: Day Phytoformula (Extracts of Red Clover, Cimicifuga, Angelica), L-Theanine; Night Phytoformula (Extracts of Wild Yam, Motherwort, Sage, Vitex Agnus-Castus), Diosgenin, 5-Hydroxytryptophan (from Griffonia Extract)



# Fibrax

Natural laxative medicine based on psyllium seed shells.

Helps the bowel evacuation without pain and spasms.

Treats acute and chronic constipation.

Alleviates the symptoms of hemorrhoids.

Promotes the growth of healthy bowel flora, restoring normal function of the intestines.

Promotes the elimination of toxins, excess sugar, cholesterol and heavy metal salts.

Due to its excellent safety profile, Fibrax can be taken for a long time. It is suitable even for pregnant and lactating women.

Fibrax will teach your bowel to work like a clock!

Ingredients: Psyllium Seed Shells.



# Fir oil

100% natural essential oil of siberian abies fir, containing more than 35 biologically active compounds in a balanced ratio, with an anti-inflammatory, antiseptic, tonic, circulation improving effect.

Ingredients: Abies Fir (Abies Sibirica) Oil.



# Fish Oil Omega 3 Concentrate, capsules

General strengthening effect for those who care about their health. 700 mg of omega-3 in 2 capsules.

The product contains high-quality omega-3 produced in Norway (BASFAG). Recommended for use in pregnant and lactating women.

Promotes:

- improving heart, brain, eyes and joints function
- maintaining the normal level of cholesterol
- radiant beauty of the skin and hair



# Fitoax ® Evalar

Fruit chewable tablets are pleasant to taste and do not require washing down. They are convenient in any situation, especially when traveling.

Ingredients: Apricots, Extracts of Senna, Plantain, and Dill.



# FitoEstrogens

Menopause is a natural part of a woman's life cycle, but it is often unpleasant. Symptoms of discomfort in menopause can begin as early as at 30 years of age and continue for many years after menopause. Siberian rhubarb root extract (Rheum raphanistrum) with a standardized content of active ingredients (rhaponticin 54-66% and deoxyrhaponticin 27-37%) helps to get rid of 11 symptoms of menopausal discomfort, such as hot flashes, night sweats, irritability, mood swings, sleep disturbances, low energy, vascular and muscle discomfort, vaginal dryness and sexual dysfunction, and urinary incontinence.

Siberian rhubarb (R. raphanistrum) has been used successfully in Germany to relieve the discomfort of menopause since the early 1990s. From the second decade of the 2000s, products based on Siberian rhubarb have become popular among women in the United States. The dietary supplement FitoEstrogens contains the extract of Siberian rhubarb root (Rheum raphanistrum) with the efficacy and safety proven by the manufacturer, for use in women in case of perimenopause and menopausal disorders.

The product helps alleviate menopause symptoms and improve the quality of life by:

- reducing the number and intensity of hot flashes;
- reducing excessive sweating, including at night;
- promoting better sleep and easier falling asleep;
- alleviating fatigue, irritability and anxiety;
- improving overall health and mood;
- contributing to normal functional condition of the urinary and reproductive system, improving the appearance, elasticity and hydration of the skin, reducing dryness and signs of aging (ANTI-AGE effect).

Ingredients: Microcrystalline cellulose (carrier), Capsule Components (food additives): Hydroxypropyl Methylcellulose (Thickener), Gellan Gum (Gelling Agent); Calcium Phosphate (Carrier), Siberian Rhubarb Extract, Magnesium Stearate, Amorphous Silicon Dioxide (Anti-Caking Agents).



# FITOLAX Chocolate

A new form of mild laxative: bitter chocolate (60% cocoa) with senna, has a mild laxative effect in case of a tendency to constipation.

Ingredients: Bitter Chocolate with 60% Cocoa (Cocoa Paste, Granulated Sugar, Cocoa Butter, Lecithin Emulsifier, Salt, Vanilla Flavor), Senna Extract.

Proteins: 0.4 g, Fats: 2 g, Carbohydrates: 2.5 g Energy: 27 kcal.



# Fitolax express

A new laxative, essential for treating constipation or for thorough cleansing before any diet or fasting therapy. Comfortable bowel release without pain, spasms or bloating.

Ingredients: inulin, gum arabic, equacia, milk of magnesia (magnesium hydroxide).

Presentation: 5 sachets of 6.2 g.

Recommended use: Dissolve the contents of 1 sachet in 100 ml of water at room temperature.

Adults take 100 ml of the suspension once daily, in the evening, with meals. A mild laxative effect occurs within 4 to 15 hours.

Shelf life: 3 years.





# Fitolax Jelly Berries

Fitolax Jelly Berries - a new laxative in the Fitolax line in the form of chewing lozenges (marmalade berries):

- provides a comfortable release of the intestines: without spasms, pain and bloating
- contains prebiotic Nutriose (dietary fiber of corn), which helps to restore its own healthy intestinal microflora

In the evening, Fitolax marmalade berries - in the morning, ease from a comfortable release!

Natural composition - based on rhubarb roots, does not contain senna!



# Fitolax liquid concentrate

Fruit concentrate of plum juice and herbs with a pleasant taste and aroma. It does not contain sugar, and can be added to any beverage.

Ingredients: Concentrated Plum Juice, Extracts of Senna, Fennel, Buckthorn, Natural Flavoring "Apricot".



# Fitolax tea

This delicious tea with bits of apricot has a mild laxative effect. Does not contain dyes, artificial flavors, or GMOs.

Ingredients: Senna Leaves, Black Tea, Apricot Pieces, Chamomile Flowers, Dill Seeds, Natural Flavoring "Strawberry".