



# Chonda Neuro

In Europe, medicinal products containing cytidine and uridine are widely used for the treatment of neuropathy - these are vitamin-like substances that successfully restore (regenerate) nervous system cells. Cytidine and uridine form the material that makes up the composition of neurocellular membranes, are prototypes of DNA and RNA, without them it is impossible to create nerve cells. Thanks to their participation in the metabolism of carbohydrates, cells are endowed with energy.

Chonda Neuro from Evalar contains both of these substances - cytidine and uridine and in the optimal dosage: 100 mg + 100 mg.

Chonda Neuro helps:

- Restore damaged nerve fibers
- Normalization of the transmission of nerve impulses
- Improve the sensitivity of the damaged area
- Decrease the intensity of pain syndrome (including in the joints and spine)
- Reduce further damage to the nervous tissue

To restore nerve fibers and get rid of hand numbness, burning and tingling sensations, take Chonda Neuro from Evalar. The optimal course is at least 2 months with regular repetitions.



# Chonda, capsules

The most affordable cartilage protector<sup>1</sup> for regular use.

Ingredients: Sodium Chondroitin Sulfate, Glucosamine Hydrochloride, White Willow Bark and Burdock Root Extracts.



# Ci-Clim Alanine

Each tablet contains 400 mg of amino acid beta-alanine, which regulates body surface temperature and thus blocks heat attacks, helping reduce the number and severity of hot flashes. Advantageous price!



# Ci-Clim BotoEffect

Alternative to injective correction of facial wrinkles. Contains Argirelin that reduces the depth of facial wrinkles, especially on the forehead and around the eyes.

Ingredients: Argirelin, Lipoderm, Liposentol Multi, Tera-Vital, D-Panthenol, Wild Yam Extract, Lecithin, Hyaluronic Acid.

Presentation: 15 g tube.

Shelf life: 2 years.



# Ci-Clim drops

Medicinal product of herbal origin based on cimicifuga racemosa.

Ingredients: Liquid Extract of Cimicifuga Racemosa Rhizomes and Roots, Peppermint Leaves Oil.



# Ci-Clim vitamins for women 45+

A combination of vitamins and minerals for the menopause. The composition is enhanced with extracts of cimicifuga and motherwort, as well as L-carnitine. The phytoestrogens of cimicifuga contribute to maintaining the balance of female hormones. L-carnitine promotes the acceleration of metabolism and the breakdown of fats. The extract of motherwort and vitamins B are necessary for normal function of the nervous system.

Ingredients: L-Carnitine Tartrate, Magnesium Asparaginate, &#913;-Tocopherol Acetate, Ascorbic Acid, Rutin, Extracts of Cimicifuga and Motherwort, Calcium Pantothenate, Retinol Acetate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Folic Acid, Selexen.



# Coenzyme Q10 100 mg, capsules

Maximum Coenzyme Q10 in one capsule. Coenzyme Q10 can be found in absolutely all the tissues and organs of the human body. If its quantity is reduced by 75%, it leads to cell death. Q10 works as age protector only in high doses of 100 mg or more! Coenzyme Q10 is not just for heart protection and maintaining the youth, it also:

- strengthens the heart muscle
- reduces the side effects of statins
- preserves the beauty and youth
- slows down the aging process

The ingredients also include coconut oil, which boosts the absorption efficiency.



# Collagen Jelly Berries

Collagen peptide chewable lozenges for youth and beauty.

Helps:

- improve skin condition, smooth out fine wrinkles
- increase joint mobility, restore cartilage tissue
- slow down the aging process
- accelerate the healing of wounds, burns
- reduce the risk of osteoporosis



# Collagen Marine Powder

The collagen made of highest quality marine fish from Japan shows a high bioavailability and is better absorbed than other types of collagen. It helps improve the skin condition, smooth out fine wrinkles, slow down the aging process, increase joints mobility, strengthen ligaments and bone tissue, and also enhances the health of hair and nails.

Ingredients: hydrolyzed fish collagen, vitamin C.

Presentation: powder in 120 g bags.

Recommended use: Dissolve 3 dosing spoons (teaspoons) of collagen in 200 ml of any drink.

Adults take one dose daily. The treatment course lasts no less than 1 month, and can be continued if needed.

Shelf life: 3 years.



# Collagen with Vitamin C

Hydrolyzed Collagen 6000 mg \* with Vitamin C

Collagen with Vitamin C helps:

- improve skin condition, smooth out fine wrinkles
- slow down the aging process
- accelerate the healing of wounds, burns
- reduce the risk of osteoporosis
- increase joint mobility, restore cartilage tissue
- improve the condition of hair and nails.



# Copper Chelate

Easily available chelated copper for maximum absorption.

Copper Chelate by Evalar helps:

- reduce the risk of premature graying, maintain hair color
- promote production of collagen and elastin, maintenance of skin tone and youth
- normalize hemoglobin levels, strengthen the walls of blood vessels
- improve brain and eye health
- strengthen immunity, bones, joints



# Corrida

The product reduces the craving for smoking and makes tobacco withdrawal easier.

Ingredients: Extract Of Green Oats, Extract of Pueraria (Kudzu), Mint Oil, Glycine.



# Curcumin with Piperine

Natural protection and strengthening of the immune system. Maximum amount of curcumin in 1 tablet fortified with piperine.

Benefits of Curcumin with Piperine:

- Dose: Maximum amount of curcumin in 1 tablet
- Convenient use: 1 tablet per day, 1 pack per course
- Ingredients: Curcumin is enhanced with piperine for better absorption
- Raw materials: high quality raw materials from the leading manufacturer in India - the birthplace of turmeric
- Purity: gluten free, GMO free, titanium dioxide free; suitable for vegetarians
- Quality: high quality according to GMP standard

Curcumin with Piperine by Evalar is a natural complex of plant extracts of turmeric and black pepper, which has a tonic and antioxidant effect and helps:

- Increase the body's defenses (strengthening the immune system)
- Improve mobility and flexibility of joints
- Improve the functional state of the liver, biliary tract, gastrointestinal tract
- Mild choleretic and hepatoprotective action
- Normalize metabolism in metabolic syndrome
- Preserve youth and slow down the aging process

1 Maximum amount of curcumin (150 mg) corresponds to the upper acceptable level of daily consumption.



# Curcumin, capsules

The first micellar Curcumin in Russia. Curcumin is the principal active substance of the famous Turmeric spice, possessing a powerful anti-inflammatory and antibacterial effect. However, only 5 to 10% of the curcumin contained in the spice are assimilated. For 100% assimilation, curcumin must come in micellar form. CURCUMIN EVALAR capsules contain a micellar form of curcumin, which contributes to:

- liver protection and cleansing, mild choleretic effect, reducing the risk of gallstones
- reducing inflammation and easing joint pain
- strengthening immune defenses, protecting the body from viruses, bacteria, and fungi

Today, nutritionists recommend including turmeric in the balanced diet, to reduce the risk of cancer. Since curcumin contributes to the reduction of inflammatory processes, it suppresses the growth of cancer cells and prevents metastasis.





# Dihydroquercetin EVALAR, tablets

Each tablet contains 25 mg of Siberian larch bioflavonoid, which contribute to:

Maintaining normal blood viscosity.

Improving blood circulation.

Achieving normal lipid metabolism.

Improving the functional state of the cardiovascular and broncho-pulmonary systems.

Ingredients: 25 mg of Dihydroquercetin in 1 Tablet.



# Double Omega-3 700 mg, capsules

The maximum daily intake concentration of omega-3. 1400 mg of omega-3 in 2 capsules.

The product contains high-quality omega-3 produced in Norway (BASF AG). Recommended for use in pregnant and lactating women.

Promotes:

- improving heart, brain, eyes and joints function
- maintaining the normal level of cholesterol
- radiant beauty of the skin and hair





# Echinacea drink

A drink with a pleasant citrus taste supports immune system, strengthens the body's defenses and reduces the risk of developing colds.

Convenient presentation in form of sachets.

Ingredients: Lemon Juice, Echinacea Herb Extract, Vitamin C, Natural "Lemon" Flavoring.



# Effex Neuro

Natural product for increased sexual vigor, without synthetic components!

The unique composition includes amino acids L-arginine, L-glutamine, L-tryptophan, barrenwort extract, zinc and vitamins B3, B6. At the maximum strength<sup>1</sup>, they represent a real "cocktail" of the most beneficial substances for men's strength, endurance and full value intimate life! Due to their complex action, Effex Neuro promotes:

Prolonging sexual intercourse and enhancing its quality.

Eliminating the neurogenic (psychological) cause of premature ejaculation.

Protects against the negative effects of stress and increases libido.

Improves potency and spermatogenesis.

Ingredients: L-Arginine, L-Tryptophan, L-Glutamine, Barrenwort Extract Zinc, Vitamin B3, Vitamin B6.



# Effex Red Root tablets

Red root is a natural stimulant that can maintain a regular sexual activity. It is a combination of biologically active substances, the daily use of which contributes to:

Maintaining prostate health.

Improving the sexual function in men.

Ingredients: Hedysarum Neglectum Roots Powder, Vitamin E, Zinc Oxide.



# Effex Red Root tincture

Original remedy for the treatment of chronic prostatitis.

Heals edema and inflammation.

Eases pain.

Improves urination.

Does not contain synthetic components.

Advantages of Effex Red Root:

Unique patented composition based on Altay's mountain herbs.

Excellent therapeutic efficiency thanks to the synergy of two herbal component.

Clinically proven efficiency of the medicinal product.

High bio-availability of alcoholic tincture.

May be taken in a long course of treatment or as part of combination therapy.

Ingredients: Hedysarum Neglectum Rhizomes and Roots, Knot Grass, Ethanol.



# Effex Sildenafil, medicine, tablets

A treatment for erectile dysfunction, characterized by the inability to achieve or maintain an erection sufficient for a satisfactory sexual intercourse.

Ingredients: Sildenafil Citrate.



# Effex Tribulus

A natural remedy for the treatment of erectile dysfunction and improving spermatogenesis. Effex Tribulus based on Tribulus terrestris has a general tonic effect and stimulates some functions of the reproductive system. In men, it restores and improves sexual libido, for a longer time of erection. Stimulates spermatogenesis, increasing the number of spermatozoa and their mobility.

Ingredients: Herb Extracts of Tribulus Terrestris.



# Effex vitamins for men

A source of vitamins and minerals improving the sexual function.

Daily supplements the deficit of the vitamins, macro- and micronutrients: 12 vitamins, 7 minerals, biotin, maral root and barrenwort extracts promote:

Increasing physical stamina.

Maintain prostate health.

Improving sexual function.

Ingredients: Vitamins in Brown Capsules: Maral Root and Barrenwort Extracts, Vitamin C, Extract of Maral Roots, Rutin, Extract of Barrenwort, Niacin, Vitamin E, Pantothenic Acid, Vitamins B6, Vitamin B2, Vitamin B1, Vitamin A, Folicin, Biotin, Vitamin D, Vitamin B12, Magnesium, Zinc, Iron, Manganese, Copper, Iodine, Selenium.



# Elderberry Immunity

Elderberry is a natural immunity activator. Contains anthocyanin pigments that stimulate immune system functions and have antiviral properties.

American experts have found that elderberry extracts and infusions reduce the severity and duration of the flu<sup>1</sup>. Their Israeli colleagues claim that the duration of the disease is reduced by an average of 4 days<sup>2</sup>.

The composition is fortified with vitamin C and zinc.

Vitamin C (ascorbic acid) enhances the production of interferon proteins. It has anti-inflammatory properties, helps neutralize free radicals and protect lung cells from their aggressive effects<sup>3,4</sup>.

Zinc, according to the latest data, prevents the multiplication of coronavirus due to its ability to block the activity of the enzyme RNA polymerase and the enzyme ACE2, which helps the virus to enter the cell<sup>5</sup>.

Effervescent vitamins Elderberry Immunity instantly dissolve in water; in liquid form, they are easily absorbed by the body without causing stomach irritation or problems with swallowing.

- Free from artificial colors
- No preservatives
- Excellent taste
- Sugar free

1 Overview of the antiviral properties of black elderberry (*Sambucus nigra* L.) preparations. Phytotherapy Research, 2017, April; No. 31 (4), p. 533-554.

2 Randomized study of the efficacy and safety of oral administration of elderberry extract in the treatment of influenza A and B viral infections. Journal of International Medical Research, 2004, March-April; No. 32 (2), p. 40-132.

3 Carr A.C., Maggini S. Vitamin C and Immune Function. Nutrients. 2017 Nov; 9 (11): 1211.

4 Monosova O.Y. Sharapova K.G. Vitamins, micro- and macronutrients and their effect on the immune system. Effective pharmacotherapy. Pediatrics. 2010. No. 2. p. 6-11.

5 Skalny A., Rink L., Ajsuvakova O. et al. Zinc and respiratory tract infections: Perspectives for COVID 19 (Review). Int J Mol Med. 2020 Jul; 46(1): 17-26.



# Elderberry Syrup

Black elderberries are a world trend in immunity boosting

Today elderberries are enjoying great popularity worldwide thanks to the fact that they are natural immune boosters. This is due to their anthocyanin pigments which stimulate immune function and have antiviral properties.

The health benefits of the super elderberry have been confirmed by a lot of studies. Scientists discovered its antioxidant, antiviral and anti-inflammatory potential. Scientific medicine is also aware of the elderberry's antifebrile, antimicrobial and expectorative effect.

American specialists found that elderberry extracts and infusions reduce the severity and length of the flu course<sup>1</sup>. Their Israeli colleagues claim that the duration of the disease reduces by an average of 4 days<sup>2</sup>.

To sustain your immune system, use Evalar's Elderberry Syrup with black elderberry juice and extract.

Evalar's Elderberry Syrup is made from the berries of the black elder whose antioxidative activity level is 2 times higher than that of the bilberry and the cranberry and this when the latter two have long been considered the leaders in antioxidant content.

The composition is boosted with vitamins Ñ, D, B6, folic acid and zinc. These trace elements also have a positive effect on the human immune system.

In particular:

Vitamin Ñ(ascorbic acid) is a recognized immunostimulator. It stimulates interferon protein production. It has anti-inflammatory properties, contributes to the neutralization of free radicals and the protection of lung cells from their aggressive action<sup>3,4</sup>.

Vitamin Dis very important for health as it reinforces the immune systems, reduces inflammation and viral activity, as well as takes part in two hundred body functions. Vitamin D intake reduces incidences of ARVIs, including novel coronavirus infection COVID-195.

Vitamin Å6 is necessary for normal production of nucleic acids, which prevent aging, and for sustention of the immune system.

Folic acid (folate)takes part in immune blood cell production, metabolism activation, contributes to digestive tract recovery.

According to the latest data, zinc prevents coronavirus from replicating thanks to its ability to inactivate RNA polymerase enzyme and ACE enzyme which help the virus to infiltrate the cell<sup>5</sup>.

The component ingredients contribute to:

- body defences strengthening;
- sustaining the immune system's activity;
- reduction of risk of getting cold-related and viral diseases;
- recovery after cold (flu);
- antioxidant protection.

Composition: sugar, water, black elderberry juice, ascorbic acid (vitamin Ñ), citric acid (acidity regulator), zinc sulphate, black elderberry extract, Berry Mix natural flavouring, cholecalciferol (vitamin D), pyridoxine hydrochloride (vitamin B6), folic acid.



# Endocrinol capsules

The non-hormonal product based on the white potentilla contributes to:

Maintaining normal thyroid function, structure and size.

Maintaining the balance of thyroid hormones.

Relieves prolonged fatigue and bad mood; helps to get rid of excess weight.

Advantageous price compared to the analogue.

Ingredients: Rhizomes and Roots of White Potentilla, Extract of White Potentilla, Vitamin E.



# Endocrinol cream gel

The cream gel is based on the specially selected herbal components, including the white

potentilla picked at the moment of their maximum biological activity, starwort and toadflax. The cream gel Endocrinol combined with capsules creates the optimal concentration of plant active ingredients in the tissues of thyroid gland. Endocrinol from the company EVALAR is the choice of millions of Russians!

Ingredients: Water Extract of Stellaria Media, Oil Extract of Lunaria Vulgaris,

Alcohol-Water-Glycerin Extract of Potentilla.



# Endokrinol Iodine

Natural iodine (150 mcg) and white potentilla help:

Replenish iodine in case deficiency.

Fight prolonged fatigue, bad mood and excess weight.

Improve memory and attention Advantageous price compared to the analogue.

Ingredients: Rhizomes and Roots of White Potentilla, Laminaria Thallius, Vitamin A.



# Essential phospholipids

Maximum essential phospholipids in 1 capsule, to support the liver's functional state.

Contributes to natural renewal of the liver cells

Helps protect the liver from fat and toxic damage.

Lowers cholesterol levels The capsules contain high-quality ingredients made in France and Germany.

Ingredients: Essential Phospholipids.





# Evalar BIO at Flu Tea

Medicinal plants included in Evalar BIO at Flu Tea contribute to the speedy recovery from colds and help maintain the immune system.

Ingredients: Rosehips, Sea Buckthorn, Chamomile Flowers, Basil Herb, Linden Flowers.

Advantages of Evalar BIO Teas:

100% natural composition. Most of the herbal ingredients are collected in the Altai or grown on Evalar's own plantations in the ecologically pristine foothills of Altai without using any chemicals or pesticides

Excellent microbiological purity of teas is ensured with a gentle method of instant steam treatment using high-tech French equipment

For the best preservation of medicinal properties, delicate taste and aroma of herbal tea, each teabag is individually packed in a multi-layer protective envelope