



# Evalar BIO at Flu Tea

Medicinal plants included in Evalar BIO at Flu Tea contribute to the speedy recovery from colds and help maintain the immune system.

Ingredients: Rosehips, Sea Buckthorn, Chamomile Flowers, Basil Herb, Linden Flowers.

Advantages of Evalar BIO Teas:

100% natural composition. Most of the herbal ingredients are collected in the Altai or grown on Evalar's own plantations in the ecologically pristine foothills of Altai without using any chemicals or pesticides

Excellent microbiological purity of teas is ensured with a gentle method of instant steam treatment using high-tech French equipment

For the best preservation of medicinal properties, delicate taste and aroma of herbal tea, each teabag is individually packed in a multi-layer protective envelope



# Evalar BIO Bur-Marigold Tea

100% Bur-marigold herb.

Bur-marigold is administered as an anti-allergic, diuretic, sudatory and antipyretic remedy, in the form of infusions and "teas". It helps improve digestion and promotes normal metabolism.

Ingredients: Bur-marigold Herb.

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# Evalar BIO Chamomile Tea

Chamomile has anti-inflammatory, antiseptic, sedative, choleric, sudatory, analgesic effects, and spasmolytic effect on smooth muscles. It promotes the normal function of the gastrointestinal tract. Chamomile flowers are used in the form of infusion or in combination with other ingredients, as an anti-inflammatory, antiseptic and anesthetic remedy for stomatitis, sore throat and tonsillitis.

Ingredients: Chamomile Flowers.

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# Evalar BIO Gout Relief Tea

Promotes the excretion of urates and prevents their deposition in the joints.

Ingredients: Currant Leaves, Burdock Roots, Orthosiphon Leaves, Red Cowberry Leaves, Linden Flowers, Dropwort Extract.

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# Evalar BIO Heart Health Herbal Tea

Helps maintain the normal function of the cardiovascular system.

Ingredients: Clover Herb, Hawthorn Flowers and Leaves, Buckwheat Herb and Flowers, Melissa Officinalis Herb, Strawberry Leaves, Currant Leaves, Peppermint Leaves, Black Tea, Natural Black Currant Flavor.

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# Evalar BIO Ivan Tea

Evalar BIO Ivan Tea consists of 100% willow herb leaves fermented in special conditions.

The willow herb is a plant widely spread all over the world, and used in folk medicine. The drink based on willow herb has been known and very popular in Russia since the 17th century, under the name of Kopersky Tea or Ivan Tea.

Due to its richness in healthy components, the willow herb (Ivan Tea) possesses restorative, anti-inflammatory, coating, spasmolytic, wound-healing, and sedative effects. It contributes to restoring normal metabolism. Ivan Tea is also used to prevent diseases of the genitourinary system. 1

1 V.F. Korsun, E.V. Korsun, N.A. Ogrenich, A.Y. Kryukova, O.A. Kuramshina. A Family Doctor's Phytotherapy - Moscow: 2016. - 456 p.



# Evalar BIO Laktomama Tea

Contains a combination of herbs that contribute to the improvement of lactation.

Ingredients: Oregano Herb, Melissa Officinalis Herb, Nettle Leaves, Fennel Seeds.

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# Evalar BIO Relaxing Day Tea

New tea from the collection of Evalar BIO teas. The tea has a mild soothing effect, relieves fatigue and nervous tension, does not have a hypnotic effect.

How ingredients work:

St. John's wort has a mild calming effect on the nervous system, has antidepressant and anxiolytic effect.

Motherwort is aimed to normalize the functional state of the central nervous system, has an antihypertensive, cardiotoxic effect.

Green oats have analgesic, mild sedative effect, positively affects cardiac activity.

Rosemary medicinal has a general tonic, anti-inflammatory, astringent effects. Essential rosemary oil helps to reduce psycho-emotional stress.

Peppermint has a soothing, anticonvulsant, anti-inflammatory and analgesic effect.

Ingredients: Green Oats Grass, St. John's Wort, Rosemary Leaves, Motherwort Grass,

Peppermint Leaves.

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# Evalar BIO Relaxing Tea - Good Night's Sleep Tea

Promotes emotional relaxation after working hours and prepares the body for sleep.

Ingredients: Hawthorn Fruit, Linden Flowers, Oregano Grass, Eschscholtzia Herb, Chamomile Flowers, Bergamot Flavor.

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# Evalar BIO Senna Tea

Has a mild laxative effect.

Ingredients: Leaves of Senna.

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# Evalar BIO Stress Support Tea

Supports a normal blood pressure.

Ingredients: Black Currant Leaves, Hawthorn Flowers And Leaves, Black Chokeberry Fruits, Melissa Officinalis Herb, Wild Strawberry Leaves, Black Tea, Peppermint Leaves, Natural Black Currant Flavor.

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# Nephrosten tea

Nephrosten tea combines herbs with multifaceted complex effects to support kidney and urinary tract health.

Is tea Nephrosten for the kidneys?

- 100% natural composition. Most of the herbs in its composition are collected in Altai or grown on Evalar plantations in the ecologically clean foothills of Altai without the use of chemicals and pesticides
- High microbiological purity of tea is ensured by mild processing - "instant steam" - on a modern French installation
- For the best preservation of the healing properties, delicate taste and aroma of Nephrosten tea, each filter bag is individually packed in a multi-layer protective envelope